Sheppard Pratt

Life changing

2018 ANNUAL REPORT

finding new ways to Make a difference

Changing lives is not new for Sheppard Pratt Health System. We have been providing hope and healing to people in need for more than a century. Best of all: we are just getting started.

Our hospital was founded on Moses Sheppard's life-changing directive to treat those who were suffering from mental illnesses with dignity and respect, where everyone had access to sunlight and fresh air, and where science and experience were combined for the best possible results. His bequest, and later Enoch Pratt's endowment, created a strong tradition of philanthropy that still exists today at Sheppard Pratt. His vision of compassionately serving the mental health needs of patients propels our journey forward.

We are fueled by our mission to provide the best care for those we serve and ensure easier access to mental health, substance use, special education, developmental disability, and social services. Our programs, therapies, and services continue evolving to help our patients, students, residents, and clients thrive in their homes and communities.

We are building a new, state-of-the-art campus in the capital region. We are continuing to integrate our services to provide care whenever and wherever needed. We are pioneering an integrated approach to mental, behavioral, and physical care. These are just a few of the ways Sheppard Pratt is leading the field and developing services and resources to improve lives.

sheppard pratt annual report 2018

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FROM THE CHAIR OF THE BOARD OF TRUSTEES

Dear Friends,

This July, I had the honor and privilege to take the helm as the new Chairman of the Board of Trustees for Sheppard Pratt Health System. As someone who grew up in the Baltimore area, I was familiar with Sheppard Pratt. However, it wasn't until the opportunity presented itself to be part of the Board that I truly understood the expansive network of mental health, substance use, special education, developmental disability, and social services that we provide to thousands of people every day.

For me, joining the Board was personal. My family was affected by a tragedy as a result of a mental illness. I am also a volunteer firefighter and have seen the devastation that the opioid epidemic is leaving behind. It does not discriminate.

These experiences have strengthened my resolve that we need to do more, and we can do more—as individuals and as a health system.

As you will read in this report, we are building a new, state-of-the-art behavioral health campus to meet unmet needs. We are expanding and integrating our programs and services into the community. Importantly, we are improving outcomes with our measurement-based care, and we are providing access to accurate and meaningful information.

This is a pivotal point in time for us. We have an opportunity to change lives forever. And not only for the individuals we serve but also for their families and for generations to come.

Together, we can broaden our impact. Together, we can serve more people and provide life-changing care.

Sincerely,

Joslina Kak

Joshua Kakel Chair, Board of Trustees



MESSAGE FROM OUR PRESIDENT AND CEO

A young mother found herself at Sheppard Pratt Health System after suffering from severe postpartum depression following the birth of her second child. Her treatment helped her remain symptom free for over 10 years. During that time, she got married and raised four daughters.

A young teen was diagnosed with post-traumatic stress disorder following trauma in her childhood. After enrolling in our residential treatment center and day school, she began trusting adults, stopped running away, and focused on her schoolwork. She was able to graduate, get a certificate in nursing, and transition to being a successful adult.

A single father developed depression and paranoia after his son left home following graduation. He lost his job, his home, and sense of purpose. Through therapy, medication, and our residential and employment programs, he now has a job, lives independently, and gives back to his community.

It is these interactions with our health system that changes the trajectory of people's lives. Life changing. By definition it means "having a powerful effect." This is what we strive for every day at Sheppard Pratt Health System—to improve the quality of life of individuals, their families, and our communities.

Life-changing care begins at the individual level with access to quality mental health, substance use, special education, developmental disability, and social services. From there, the impact can be far-reaching and long-lasting. Life-changing care can ensure meaningful changes to the conditions in which people are born, live, learn, work, and play. And life-changing care can fundamentally impact the health and growth of communities. This is at the heart of what we do every day.

At a time when there are so many barriers standing between those we serve and access to life-changing care, I am grateful. I am grateful to our Board of Trustees for the opportunity to realize our mission. And I am also grateful to those who support our mission through philanthropic efforts and volunteering. Together, with your support, we can serve every person who comes through our doors and deliver transformative care.

We are truly reimagining what it means to develop and sustain a continuum of care that keeps people healthy throughout their lives. Today, tomorrow, and in the years ahead, we are committed to a better tomorrow and a brighter future for those we serve.

Harsh K. Trivedi, MD, MBA President and CEO Sheppard Pratt Health System



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expanding access to world-class care

A study published in the journal *Psychiatric Services* found that more than 8 million Americans suffer from feelings of depression, anxiety, and worthlessness. Headlines across the nation are also capturing the incredible need for behavioral health care—roughly 72,000 deaths in 2017 due to drug overdoses and nearly 45,000 suicides since 2016. The need for Sheppard Pratt's care and services has never been greater.

Access to world-class mental health, substance use, special education, developmental disability, and social services is what we deliver every day. From our start as a single hospital, our reach now extends beyond a statewide presence to provide resources that impact the lives of people locally, nationally, and internationally. In addition to expanding our innovative new programs and services, our health system is also growing—with new schools, clinics, specialized programs, and outpatient care locations across 387 sites of service.

In 2018, we took another bold step to ensure behavioral health care is accessible for all. Sheppard Pratt broke ground on a new 40-acre site in the capital region. Our new campus in Howard County,



NEW CAMPUS BY THE NUMBERS

crisis walk-in clinic with same-day access for urgent



specialized partial hospital programs for adolescents, adults, and patients with addictions, psychosis, and eating disorders 85

inpatient beds for treatment of adolescents, young adults, adults, and patients with addictions and psychosis 300 new jobs for

the area

supported in part from philanthropic gifts, will house a state-of-the-art hospital and medical office building, plus two additional building pads for future expansion.

When our new location opens in 2020, it will further expand our life-changing services to meet the ever-increasing needs and provide another access point for our mental health, addiction services, and outpatient care. By bringing a wide range of mental health and behavioral health resources to a new environment, Sheppard Pratt's new campus will be a haven for those in need. And with room to grow, it will continue to meet the evolving needs of a changing community.

providing an integrated system of care

On any given night, more than 40,000 veterans are homeless. In 2016, roughly 450,000 were unemployed. Of the veterans who served in Iraq or Afghanistan, 20 percent suffer from either major depression or post-traumatic stress disorder, and 25 percent returned showing signs of a substance use disorder.

Every day, veterans returning from war are experiencing service-related mental health disorders, and they do not know where to turn. They are faced with a fragmented system of care when it comes to accessing and coordinating medical and mental health care as well as other support services.

At Sheppard Pratt, we are guided by a fundamental belief to meet the unmet need. We recognize the importance of seamlessly linking and bridging services to provide an integrated system of care.

Our new, first-of-its-kind Veterans Services Center in the Baltimore metro area is a one-stop shop to coordinate all of the vital services veterans need. We help them find and access mental health and addiction services, provide assistance with housing needs, and supply vocational training and employment services. Case managers guide veterans through the Department of Veterans Affairs system, and the center offers support services for their families. Our center helps stabilize not just the veteran, but the entire household.

Veterans aren't the only ones who need a seamless system of care. Throughout our health system, we have put together a continuum of services to provide support near where people live and work.

Our robust system weaves within and across communities, and across our hospital and community-based services to treat the whole person. Programs like Chesapeake Connections help people with severe mental illness address their individual health care and life needs. Besides mental health care, additional assistance can include setting up doctor appointments, arranging transportation, or identifying volunteer opportunities and social outings. Our Health Home Program addresses all of an individual's health care needs—behavioral, physical, and social—to help people live healthier and more fulfilling lives.

With an integrated system of care, we can work with each person to develop the best approach to achieve desired outcomes and change lives.





anticipating needs in the COMMUNITY

Sheppard Pratt Health System remains committed to delivering the best possible care and support to make a difference in people's lives. We are reaching out into our communities and looking for new ways to help people meet life's challenges. Our proactive approach is creating new initiatives that are solving problems and improving the lives of those we serve. Here are just a few examples.

ALTERNATIVES TO OPIOIDS

The problem: Opioid addiction has reached epidemic levels. According to the National Institute on Drug Abuse, more than 115 people die each day after overdosing on opioids. The use of opioids among older adults continues to grow as well, and the need to find alternative pain management treatments for this population is more important than ever.

The solution: Sheppard Pratt Health System is taking a safer, more effective approach to pain management. Dr. Joshana Goga, a clinical pharmacy program manager with Sheppard Pratt, works with geriatric patients to provide alternative treatments to opioids. "It starts with a better understanding of symptoms and sources of pain," said Dr. Goga. "And that includes differentiating physical pain from that of an internal pain caused by depression, bipolar disorder, and anxiety. When we know more about their pain, we can pinpoint the treatment." Dr. Goga and her team's research and clinical experience has evolved into a pain management methodology that provides a process and guidelines for assessing and treating chronic pain among older adults. As a result, hospitalized geriatric patients at Sheppard Pratt have been prescribed non-opioid pharmacologic treatments and alternative solutions such as physical therapy, weight loss, and psychological therapy. The result? Effective pain management and zero opioids prescribed since the program's launch in 2016.

The success: As our understanding of pain and its treatments have evolved, we now know that opioids are addictive, aren't effective, and require a tapering plan. Opioid addiction among older adults can be especially dangerous as seniors are more susceptible to drugs and their negative side effects. One man who was living in a haze and unable to take care of his pets turned to Sheppard Pratt for help with his addiction. Sheppard Pratt weaned him off opioids in a supervised and comfortable environment and responsibly addressed his pain in a way that met his needs—allowing him to return home and enjoy quality time with his animals.

KIDS SPOT OFFERS A SAFE HAVEN

The problem: During domestic violence, child abuse, and divorce cases, parents without child care often had no other choice but to bring their children into court. This caused children to hear things that could often be confusing and upsetting.



The solution: A children's waiting room within the Montgomery County Circuit Court. Sheppard Pratt, through its subsidiary Family Services, Inc., operates "Kids Spot" to provide a safe place for children ages 2–12 to enjoy snacks and engage in age-appropriate activities while their parents are in court. Kids Spot has two full-time staff members and can accommodate 10–16 children at one time, depending on their ages.

The success: Each year, Kids Spot shields more than 1,000 children from possible traumatic experiences in a safe, welcoming play environment.

SAFE PASSAGES, SAFE EXCHANGES

The problem: When the court orders custody and visitation arrangements for high-conflict families, it can be difficult for both parents and children. Emotionally charged exchanges sometimes spark serious incidents. Some require police intervention. And sadly, some have resulted in tragedy.

The solution: Under contract with the Montgomery County government, Sheppard Pratt Health System—through Family Services, Inc.—is providing a sanctuary for supervised visitations and monitored exchanges. The Safe Passage Center is a venue where parents can safely exchange or visit their children. The program is located at a center with advanced security measures, separate entrances and parking lots, and staggered drop-off times. The professional, multilingual staff ensures the safety of each child in a neutral setting. Visiting parents can spend time with their children in the center's cheery playrooms while participating in age-appropriate activities. For many parents, the Safe Passage Center has eliminated the fear, stress, and logistics of exchanges and visitations. Last year, Safe Passage and the Betty Ann Krahnke Center (a safe haven for domestic violence victims, operated by Sheppard Pratt Health System) helped 745 vulnerable individuals navigate difficult family and/or domestic violence situations.

The success: The Safe Passage Center strives to be accessible for all, and the center's staff can provide services in English, Spanish, and French. For example, our Spanish-speaking staff were directly involved with one family from their first phone call to the father's weekly supervised visitations with his three children in the center's playroom and playground. Following the completion of his mandated supervised visits and other court-ordered services, the father was granted unsupervised time and joint custody. Afterward, he stopped by to thank the team for helping him stay connected to his children. The center allowed him to continue being a father, while he worked with the court system to help his family transition to the new custody structure.



SEGUE EASES TRANSITIONS

The problem: Some patients are especially difficult to discharge because of the complexity of their situations and the capacity of community mental health agencies. This often lengthens the time a patient spends at the hospital, despite the best efforts of everyone involved.

The solution: To help people re-enter their communities, Sheppard Pratt-through its subsidiary Way Station, Inc.—and the state of Maryland have developed Segue, an innovative public-private partnership that pilots a transitional living program for patients of state psychiatric hospitals. Segue is housed in a 16-bed cottage on the grounds of Springfield Hospital Center in Carroll County. The cottage is a homelike setting, where former Springfield patients benefit from evidence-based practice interventions that help people manage their illnesses and develop independent living skills. Segue also works with other community agencies to coordinate longer-term living arrangements. By the end of their 90-day stays, Segue residents have the skills they need to integrate into the community, and the community agencies are prepared to help them succeed.

With the success of Segue, Sheppard Pratt and the state of Maryland are opening a second location, also at Springfield Hospital. The "Segue II" cottage will serve former patients from Springfield, but will also welcome former patients from Spring Grove Hospital Center in Catonsville, Maryland; the Thomas B. Finan Center in Cumberland, Maryland; and Eastern Shore Hospital Center in Cambridge, Maryland.

The success: Jan was in state hospital care for several years before coming to Segue. In addition to serious mental illness, she had a history of drug addiction and suffered from a traumatic brain injury caused by one of several suicide attempts. Segue staff helped her manage symptoms such as impulse control, develop independent living skills, and maintain sobriety. Through Segue and the support of its staff, Jan successfully transitioned to a long-term supported housing arrangement in her chosen community. Thanks to the skills she learned, she is maintaining her safety and sobriety, and is restoring her relationships with her children.

OVERCOMING CHALLENGES TO ACCESS

The problem: It can be challenging to access quality mental health care services. But what if you were also incarcerated or had a prior arrest record that further obstructed your access to care? Many of those who are most in need have the most difficult paths to recovery. **The solution:** Sheppard Pratt Health System, through its subsidiary Mosaic Community Services, Inc., is changing lives by reaching out to those who are most in need, in their own environments, and addressing every barrier—even jail time—to recovery.

Forensic Assertive Community Treatment (FACT) teams provide multidisciplinary care. They look at mental illness challenges, but they also assess other obstacles to improvement. Does that person have a support network? Live below poverty level? Have somewhere to sleep? Enough to eat? Feel safe? FACT teams also work with the parole office and drug and mental health courts to facilitate alternatives to jail time.

By connecting people with the resources they need, they have the best chance to get better, thrive, and become productive members of society.

The success: When Sherry first started working with the assertive community treatment team, she was severely depressed and suffering from feelings of worthlessness related to prior traumas. She couldn't leave her house and would cry herself to sleep. With help from her team, Sherry gradually became more engaged in her treatment, learned mindfulness skills, and began to regulate her moods. She also began to have bigger visions for herself. She moved into a positive living environment and started participating in daily and social activities. And, she was even able to attend traditional outpatient therapy appointments. Sherry graduated from the program and continues to thrive — a living example of the transformative power of assertive community treatment.

TELEPSYCHIATRY REMOVES BARRIERS

The problem: It is difficult to access mental health professionals. For that reason, many people in rural areas often go untreated for anxiety, depression, psychosis, and other mental illnesses that require medication. **The solution:** To reach these underserved populations, Sheppard Pratt Health System has been ramping up a program that provides access to psychiatric treatment in rural and other underserved areas without hours of travel. Telepsychiatry consists of real-time appointments between patients and psychiatrists conducted via video conferencing.

Some of these sessions are conducted at locations selected to treat underserved populations, such as Federally Qualified Health Centers (FQHCs) in rural areas of Maryland. Patients have private rooms with 40-inch monitors equipped with cameras and microphones. They speak with psychiatrists at Sheppard Pratt who have similar setups at the Towson campus. A suite of five rooms is dedicated to telepsychiatry, and the rooms are often all being used simultaneously.

Based on the session, the psychiatrist can set up another appointment, use their e-prescribing platform and even arrange for higher levels of care—including admission to inpatient settings. Patient-reported satisfaction and success has been high, with many who had been suffering in isolation and silence now having access to care and able to return to their daily lives.

The success: With a grant from the Maryland Community Health Resources Commission, Sheppard Pratt—through Mosaic— is providing assistance to family services in Montgomery County in the fight against opioid abuse. With telemedicine, people can get help with their opioid addiction now without waiting weeks—even a month—for treatment.





utilizing valuable patient perspectives

At Sheppard Pratt Health System, patients are encouraged to play an integral role in their treatment process. By providing valuable information and assessments through questionnaires about their own mental health, patients help our health system improve treatment with the individual's goals and feedback in mind.

While more hospitals and health systems across the U.S. have implemented some level of patientreported outcomes, Sheppard Pratt is at the forefront of this collaborative approach. We are customizing sophisticated technologies for a complex psychiatric environment. Our ability to integrate patient feedback into electronic medical records quickly and efficiently helps clinicians assess and adjust treatment according to the patient's responses.

With the real-time integration of data, patients and practitioners can work together easily and efficiently to improve communication in both inpatient and outpatient scenarios. Our patients appreciate knowing their perspectives are not just heard, but are acted upon to inform treatment.

Patients' real-time responses not only improve their own treatment but can also impact future care for all. Using de-identified data from patient-reported outcomes, a national registry of information is being compiled to propel mental health care forward, help improve outcomes, and set best practices. Sheppard Pratt Health System is leading the nation as the founding member of the American Psychiatric Association's new mental health registry PsychPRO. The registry is revolutionizing care using the data and helping to drive innovation and treatment. By looking at de-identified data, we can individualize care and develop treatments that allow our patients to get better the first time and stay better longer.

we have been providing hope and healing to people in need for more than a century.



481,000 hospital and clinic-based therapeutic services





HELPING THEM FIND

stable, affordable housing and prepare for and secure jobs



HELPING TO TARGET addiction in some of the most vulnerable individuals

we provided more than



with developmental disabilities or autism

fiscal year 2018

we helped nearly



HEALTH SYSTEM STATISTICS





NUMBER OF SERVICES PROVIDED TO

	SERVED	SERVICES
Older Adults (65+)	1,247	108,429
Adults (18-64)	34,451	807,022
Adolescents (12-17)	4,785	165,119
Children (4-12)	4,318	115,933
Young Children (0-4)	1,042	46,932

health system financial highlights

Net revenues increased from \$367.9 million to \$370.5 million in 2018.

NET REVENUES (in millions of dollars)	FY 17	FY 18		
SHEPPARD PRATT HEALTH SYSTEM	\$367.9	\$370.5		
WHOLLY OWNED SUBSIDIARIES:				
MOSAIC COMMUNITY SERVICES, INC.	\$62.8	\$63.1		
WAY STATION, INC.	\$35.4	\$36.0		
FAMILY SERVICES, INC.	\$23.7	\$23.6		

28 GARRETT

(27)

Sheppard Pratt's footprint

Located throughout Maryland, Sheppard Pratt Health System provides the most comprehensive continuum of mental health, substance use, special education, developmental disability, and social services in the country. With more than 160 programs across 16 counties, we are working to provide accessible, compassionate, and innovative care to all.

ALLEGANY COUNTY

1 The Jefferson School at Finan Center

ANNE ARUNDEL COUNTY

- 2 The Forbush School at Anne Arundel
- 3 The Forbush School at Anne Arundel—South
- 4 Hannah More at Millersville Elementary School
- 5 Hannah More at Severn River Middle School
- 6 Hannah More at Severna Park High School
- 7 Telepsychiatry Clinic

BALTIMORE CITY

8 Mosaic—North Baltimore Center

BALTIMORE COUNTY

- 9 Sheppard and Enoch Pratt Hospital
- **10** Sheppard Pratt at GBMC
- **11** The Forbush School at Glyndon
- 12 The Forbush School at Hunt Valley
- **13** The Forbush School at Glyndon —Hannah More Campus
- 14 The Mann Residential Treatment Center

- 15 Mosaic—Catonsville
- 16 Mosaic—Rosedale
- 17 Mosaic—Timonium
- **18** Alliance
- 19 The Retreat at Sheppard Pratt20 Ruxton House

CAROLINE COUNTY

21 Telepsychiatry Clinic

CARROLL COUNTY

22 Mosaic—Granite House, Westminster

CECIL COUNTY

23 Telepsychiatry Clinic

FREDERICK COUNTY

- 24 The Jefferson School Residential Program and Day School
- 25 Way Station
- 26 Behavioral Health Partners of Frederick

GARRETT COUNTY

- 27 Telepsychiatry Clinic
- 28 Telepsychiatry Clinic

HARFORD COUNTY

- 29 Mosaic—Bel Air, Belcamp
- **30** Harford County Mobile Crisis Team—Bel Air

HOWARD COUNTY

- 31 Sheppard Pratt at Ellicott City
- 32 Way Station at Howard County
- **33** Telepsychiatry Clinic

MONTGOMERY COUNTY

- 34 Family Services
- 35 The Forbush School at Oakmont Upper School
- **36** The Frost School

PRINCE GEORGE'S COUNTY

- **37** The Forbush School at Prince George's County
- **38** Family Services

WASHINGTON COUNTY

39 Way Station—Turning Point

WICOMICO COUNTY

40 Telepsychiatry Clinic

WORCESTER COUNTY

- 41 Telepsychiatry Clinic
- **42** Telepsychiatry Clinic
- **43** Telepsychiatry Clinic





philanthropy

Dear Friends,

Since joining Sheppard Pratt Health System earlier this year, I have been fortunate to see the amazing, life-changing work that takes place here. Through our programs, services, research, and most important, compassionate care—we are providing hope and improving the lives of individuals in need and their families.

The generosity of our benefactors, beginning with Moses Sheppard's founding gift, continues to drive our progress today. Just this past year we've expanded services in the community, developed innovative methodologies to improve patient care, and launched the building of a new, state-of-the-art campus in the capital region.



Notably, we received two significant gifts for our new campus in Howard County. The Weinberg Foundation continued their generous support with a \$5 million donation to help us expand outpatient services and reach more people who look to us for care. Additionally, a grateful patient family bequeathed \$1 million—an example of how planned gifts can be meaningful to patients and their caregivers.

Our two signature events were tremendously successful this year. The Care for Kids Benefit raised over \$400,000—the most raised in any year—and our 2017 Stride 5K run and 1-mile walk garnered more than \$65,000.

We are living in a time when the services provided by our health system are needed more than ever. We strive to do more—to deliver life-changing care and services to more people who are in need. With your help, the upcoming year will be transformational, and I hope you will continue to support the Sheppard Pratt Health System. Help us expand our impact to change the lives of those who need it most.

Sincerely,

Vonna J. Bickardson

Donna L. Richardson Vice President & Chief Development Officer

UNMET NEEDS

Even as we accomplish more than ever before, we are only beginning to scratch the surface in terms of how many people we need to reach.

Think about the many different challenges people face—from mental health and substance use issues to the need for special education, social services, and more. Do you have a friend or family member who has been affected? Maybe someone you know in your community? Do their problems impact their entire family? Relationships with others? Physical health? Finances? Housing? Employment?

There are so many compelling needs. We recognize as a health system that we must impac more lives. We must impact more communities. We must broaden our reach. Sheppard Pratt Health System is answering the call, and our benefactors are a big reason why we continue to be a leader and innovator.

The original gifts from Moses Sheppard and Enoch Pratt established a culture of giving that supports compassionate, accessible, and life-changing care. We need your support to continue bringing our vision to life. Join us in our journey to transform care in America.

Below are the names of those who continued this philanthropic tradition during the past year and impacted the lives of others in our community.

2018 Sheppard Pratt Health System donors

MEMBERS OF THE 1853 SOCIETY The 1853 Society recognizes individuals who have made the gift of a lifetime by including Sheppard Pratt in their estate plans.

Anonymous (3) Emile A. Bendit, MD Ms. Mikki Buchness John and Sue Carnell* Mr.* and Mrs. J. Howard Eager, III Elizabeth R. Forbush Mrs. Louise A. Hager Ms. Joan S. Harris Charles E. "Ted" Herget, Jr. Mr. George E. Kostritsky Jane Cox Larson Ms. Janet E. Lowman Lila E. O'Meara Patricia A. Prugh Dr. Jonas Rappeport Mrs. Sally Rooney

Donald R. Ross, MD and Eileen K. Steinberger, MD Marilyn and Robert Schaftel Drs. Margaret and Steven Sharfstein Dr. and Mrs. Edward Sienkilewski Jean and Gordon Wells & Family Dr. and Mrs. Clifford R. Wheeless Gay and Jud Williams

GATEHOUSE SOCIETY

The Gatehouse Society recognizes in perpetuity those who have made contributions totaling \$10,000 or more to Sheppard Pratt Health System. Listed in the societies below are members as of June 30, 2018.

MOSES SHEPPARD SOCIETY

Cumulative Support of \$1 million or more Anonymous (1) France-Merrick Foundation Citizens of Howard County Evelyn Feldman* and Mildren Kern* Rollins-Luetkemeyer Foundation, Inc. The Stanley Medical Research Institute The State of Maryland The Leonard & Helen R. Stulman Charitable Foundation The Harry & Jeanette Weinberg Foundation Jean and Gordon Wells & Family The Whiting-Turner Contracting Co.

ENOCH PRATT SOCIETY

Cumulative Support of \$500,000-\$999,999 CareFirst BlueCross BlueShield Benno and Elayne Hurwitz Family Foundation, Inc. The Lagemann Foundation The Estate of Parsons Newman Sheppard Pratt Auxiliary U.S. Department of Labor The Estate of Wilhelmina Hahn Waidner Women's Hospital Foundation

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Cumulative Support of \$250,000-\$499,999 Anonymous (2) The Abell Foundation The Jacob and Hilda Blaustein Foundation, Inc.

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Cumulative Support of \$100,000-\$249,999 Anonymous (6) Allied Telephone and Data Corporation ARAMARK Corporation Bank of America Merrill Lynch Mr. and Mrs. Edward H. Berge, Jr. The Lois and Irving Blum Foundation Brown Advisory Lorraine* and Winfield Cain The Center for Eating Disorders, P.A. Nancy B. and Howard K. Cohen Constellation Energy The Charles Crane Family Foundation Elizabeth R. Forbush Timothy R. and Joyce Hearn Heery International, Inc. Dale* and Marie Hess Hoffberger Foundation, Inc. Mr.* and Mrs. H. Thomas Howell Marion I. & Henry J. Knott Foundation, Inc. The Abraham & Ruth Krieger Family Foundation Zanvyl and Isabelle Krieger Fund Mrs. Donald S. Levinson* Jack Luetkemeyer Louise D. and Morton J. Macks Family Foundation The Lerov M. Merritt Charitable Trust The Mirmiran Foundation Oakwood Construction Services, LLC Lila F. O'Meara The Estate of Ms. Ruth T. Ravenel The Marvin Schapiro Family Foundation. Inc. Drs. Margaret and Steven Sharfstein The SunTrust Foundation Toys "R" Us Children's Fund

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