Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters
 Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children
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			Recommended Meals/Month			
			General	1	2	
Species	Waterbody		Population	Women <sup>1</sup>	Children <sup>2</sup>	
	Lower Chesapeake Bay and Tributaries	Δ	4	4	4	
Atlantic Croaker						
Atlantie Cioakei	Mid Bay: Patapsco to Upper Patuxent and Tributaries	Δ	4	4	4	
	Upper Chesapeake Bay and Tributaries	Δ	4	4	4	
					1 every other	
	Anacostia River	Δ	1	1	month	
	Back River	Δ	Avoid	Avoid	Avoid	
	Bush River	Δ	4	4	4	
			1 every other	1 every other	1 every other	
	Bynum Run	*	month	month	month	
	Choptank River	Δ	1	1	1	
	Elk River	Δ	Avoid	Avoid	Avoid	
	Lower Patuxent River	Δ	3	3	3	
	Middle Patuxent River	Δ	3	3	3	
American Eel			1 every other	1 every other		
American Eei	Middle River	Δ	month	month	Avoid	
					1 every other	
	Northeast River	Δ	1	1	month	
	Patapsco River/Baltimore Harbor	Δ	Avoid	Avoid	Avoid	
			1 every other	1 every other	1 every other	
	Potomac River - 301 Bridge to DC Line	Δ	month	month	month	
			1 every other	1 every other	1 every other	
	Rock Creek (Montgomery County)	*	month	month	month	
	South River	Δ	2	2	1	
	Susquehanna River - Below Conowingo Dam	Δ	Avoid	Avoid	Avoid	
	Upper Patuxent River	Δ	3	3	3	
	Cash Lake	*	4	3	2	
	Lake Artemesia	*	6	6	5	
	Lake Bernard Frank	*	No Limit	No Limit	No Limit	
	Lake Needwood	*	No Limit	8	4	
	Lake Roland *	• +	3	3	3	
	Liberty Reservoir	*	8	7	4	
Black Crappie	Loch Raven Reservoir	*	No Limit	No Limit	6	
	Millington Wildlife Management Area	*	4	4	2	
	Potomac River - Dam #4 to Dam #5	*	3	3	3	
	Potomac River - DC line to Dam #3	Δ	2	2	2	
	Rocky Gorge Reservoir	*	5	4	2	
	Tuckahoe Lake	*	No Limit	8	4	
	Youghiogheny River Lake	*	4	3	2	
Black Sea Bass	Lower Chesapeake Bay and Tributaries	$\wedge$	2	2	1	

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- Contaminant present in fish: \* Mercury  $\triangle$  PCBs + Pesticides  $\diamond$  PFOS

Contaminant pres	esent in fish: * Mercury $\Delta$ PCBs + Pesticides			© PFOS Recom	mended Meals	/Month
				General		
Species	Waterbody			Population	Women <sup>1</sup>	Children <sup>2</sup>
	Anacostia River		Δ	Avoid	Avoid	Avoid
	Anacostia River (No Dark Meat or Be		$\Delta$ <b>X</b>	Avoid	Avoid	Avoid
	Choptank River	15" - 24"	$\diamond$	No Limit	8	5
	Lower Patuxent River	15" - 24"	Δ	No Limit	No Limit	6
	Mattawoman Creek	12" - 15"	$\Delta$	4	4	4
		15" - 24"	$\Delta$	4	3	2
						1 every other
		24" - 30"	Δ		1	month
		> 30"	Δ		Avoid	Avoid
		> 30"	$\Delta$ <b>×</b>	2	2	1
	Middle Patuxent River	15" - 24"	Δ	No Limit	No Limit	6
	Middle River	15" - 24"	Δ		3	2
	Nanticoke River	15" - 24"	Δ	No Limit	No Limit	7
Blue Catfish	Nanticoke River: Marshy Hope Creek	15" - 24"	Δ		No Limit	No Limit
	Potomac - 301 Bridge to DC Line	12" - 15"	$\Delta$		4	4
		15" - 24"	Δ	4	3	2
						1 every other
		24" - 30"	Δ		1	month
		> 30"	Δ	Avoid	Avoid	Avoid
		> 30"	$\Delta$ <b>×</b>	2	2	1
	Potomac: Mouth to 301	12" - 15"	Δ	4	4	4
		15" - 24"	$\Delta$	2	2	1
						1 every other
		24" - 30"	Δ		1	month
		> 30"	Δ		Avoid	Avoid
		> 30"	$\Delta$ <b>×</b>		2	1
	Upper Patuxent River	15" - 24"	Δ		No Limit	6
	Wicomico River	15" - 24"	Δ	No Limit	No Limit	6
Blue Crab	Back River, Middle River or Patapsc	o River				
Dide Ciab	including Baltimore Harbor		Δ	6	6	5
	Other Areas of the Bay		Δ	No Limit	No Limit	No Limit
Blue Crab	Back River, Middle River or Patapsc	o River				
"Mustard"	including Baltimore Harbor		Δ		Avoid	Avoid
	Other Areas of the Bay		Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly
Bluefish < 15"	Atlantic Ocean		Δ	2	2	2
Bluefish > or						
equal to 15"	Atlantic Ocean		Δ	Avoid	Avoid	Avoid

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	ent in fish: * Mercury $\Delta$ PCBs + Pestici		O PFOS   Recommended Meals/Month			
		ľ	General			
Species	Waterbody		Population	Women <sup>1</sup>	Children <sup>2</sup>	
	Anacostia River	Δ	5	5	4	
	Back River	Δ	4	4	2	
	Bush River	Δ	1	1	1	
	Chester River	Δ	No Limit	No Limit	8	
	Elk River	Δ	2	2	2	
	Gunpowder River	Δ	4	4	3	
	Lake Bernard Frank	*	No Limit	No Limit	No Limit	
	Magothy	Δ	8	8	7	
Brown Bullhead	Mid Bay: Middle to Patapsco	Δ	5	5	5	
	Middle River	Δ	2	2	1	
	Northeast River	Δ	1	1	1	
			1 every other	1 every other	1 every other	
	Patapsco River/Baltimore Harbor	Δ	month	month	month	
	South River	Δ	6	6	5	
					1 every other	
	Susquehanna River - Below Conowingo Dam	Δ	1	1	month	
	Wicomico River	Δ	7	7	6	
	Antietam	Δ	3	3	2	
	Jones Falls	Δ	3	3	3	
Brown Trout	Patapsco River: North of Ellicott City	Δ	5	5	4	
	Savage River	$\Delta$	5	5	3	
Chain Pickerel	Deep Creek Lake	*	6	5	3	
Chain Pickerei	*					
	Amonostin Davom		Avoid	Avoid	ATOTO	
	Anacostia River	Δ	Avoid	Avoid	Avoid	
	Back River	Δ	Avoid	Avoid	Avoid	
		$\Delta \Delta$	Avoid Avoid	Avoid Avoid	Avoid Avoid	
	Back River Bird River	Δ Δ	Avoid Avoid 1 every other	Avoid Avoid 1 every other	Avoid Avoid 1 every other	
	Back River Bird River Bohemia River	$\Delta$ $\Delta$	Avoid Avoid	Avoid Avoid	Avoid Avoid 1 every other month	
	Back River Bird River	Δ Δ	Avoid Avoid 1 every other month 1	Avoid Avoid 1 every other month 1	Avoid Avoid 1 every other	
	Back River Bird River Bohemia River Bush River		Avoid Avoid 1 every other month 1 1 every other	Avoid Avoid 1 every other month 1 1 every other	Avoid Avoid 1 every other month 1	
	Back River Bird River Bohemia River Bush River C & D Canal	Δ Δ Δ Δ	Avoid Avoid 1 every other month 1 1 every other month	Avoid Avoid 1 every other month 1 every other month	Avoid Avoid 1 every other month 1 Avoid	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       Chester River     < 20"		Avoid Avoid 1 every other month 1 1 every other	Avoid Avoid 1 every other month 1 1 every other	Avoid Avoid 1 every other month 1	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       Chester River     < 20"		Avoid Avoid 1 every other month 1 every other month 6 1	Avoid Avoid 1 every other month 1 every other month 5 1	Avoid Avoid 1 every other month 1 Avoid 3 1	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       Chester River       < 20"	Δ Δ Δ Δ Δ Δ Δ Δ	Avoid Avoid 1 every other month 1 every other month 6 1 2	Avoid Avoid 1 every other month 1 every other month 5 1 2	Avoid Avoid 1 every other month 1 Avoid 3 1 2	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       Chester River       > 20"       Choptank River       Conococheague		Avoid Avoid 1 every other month 1 every other month 6 1	Avoid Avoid 1 every other month 1 every other month 5 1 2 4	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 2	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       Chester River       < 20"	Δ Δ Δ Δ Δ Δ Δ Δ	Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1	Avoid Avoid 1 every other month 1 every other month 5 1 2 4 1	Avoid Avoid 1 every other month 1 Avoid 3 1 2	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       Chester River       < 20"		Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1 1 every other	Avoid Avoid 1 every other month 1 every other month 5 1 2 2 4 1 1 every other	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 2 1	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       Chester River       < 20"		Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1 1 every other month	Avoid Avoid 1 every other month 1 every other month 5 1 2 4 1 1 every other month	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 2 1 1 Avoid	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       Chester River       < 20"		Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1 2 5 1 1 every other month 4	Avoid Avoid 1 every other month 1 every other month 5 1 2 4 1 1 every other month 4	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 2 1	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       Chester River       < 20"		Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1 1 every other month 4 2	Avoid Avoid 1 every other month 1 every other month 5 1 2 4 1 1 every other month 4 2 2 4 2	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 2 1 1 Avoid	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       C hester River       < 20"		Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1 2 1 every other month 4 2 2 2	Avoid Avoid 1 every other month 1 every other month 5 1 2 4 1 2 4 1 1 every other month 4 2 2 2 2	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 1 2 2 1 2 1 4 4 4 1 1	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       Chester River       < 20"		Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1 1 every other month 4 2 2 2 2 2 4 <b>Xvoid</b>	Avoid Avoid 1 every other month 1 every other month 5 1 2 4 1 1 every other month 4 2 2 4 2 2 2 2 2	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 2 1 2 2 1 2 2 1 4 1 4 4 1 1 1 4 4 1 1 1 4 <b>Avoid</b>	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       C hester River       < 20"		Avoid Avoid 1 every other month 1 every other month 6 1 2 2 5 1 2 1 every other month 4 2 2 2 2 4 void 1 every other	Avoid Avoid 1 every other month 1 every other month 5 1 2 4 1 2 4 1 1 every other month 4 2 2 2 2 2 2 1 every other	Avoid       Avoid       1 every other       month       1       Avoid       3       1       2       1       2       1       4       1       1       4       1       1       1       1       1       1       1       1       1       1       1       1       1       1       every other	
	Back River       Bird River       Bohemia River       Bush River       C & D Canal       C hester River       Choptank River       Conococheague       Elk River       Gunpowder River       Jennings Randolph Reservoir       Lower Patuxent River       Middle Patuxent River       Middle River       Nanticoke River		Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1 1 every other month 4 2 2 2 2 2 4 <b>Xvoid</b>	Avoid Avoid 1 every other month 1 every other month 5 1 2 4 1 1 every other month 4 2 2 4 2 2 2 2 2	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 2 1 2 2 1 2 2 1 4 1 4 4 1 1 1 4 4 1 1 1 4 <b>Avoid</b>	
	Back RiverBird RiverBohemia RiverBush RiverC & D CanalC & D CanalChester River< 20"		Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1 2 5 1 1 every other month 4 2 2 2 2 1 every other month	Avoid Avoid 1 every other month 1 every other month 5 1 2 4 1 2 4 1 1 every other month 4 2 2 2 2 2 1 every other month	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 2 2 2 1 2 2 1 4 4 1 1 4 1 1 1 1 every other month	
Channel Catfish	Back River       Bird River       Bohemia River       Bush River       Bush River       C & D Canal       C bester River       Choptank River       Conococheague       Elk River       Gunpowder River       Jennings Randolph Reservoir       Lower Patuxent River       Middle Patuxent River       Middle River       Nanticoke River       North Branch of Potomac River from Old Town to Jennings Randolf		Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1 2 5 1 1 every other month 2 2 2 Avoid 1 every other month	Avoid Avoid 1 every other month 1 every other month 5 1 2 2 4 1 2 4 1 1 every other month 4 2 2 2 2 4 1 every other month 1 every other month	Avoid       Avoid       1 every other       month       1       Avoid       3       1       2       1       2       1       4       1       1       4       1       1       1       1       1       1       1       1       1       1       1       1       1       1       every other	
Channel Catfish	Back RiverBird RiverBohemia RiverBush RiverC & D CanalC & D CanalChester River< 20"		Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1 2 5 1 1 every other month 4 2 2 2 2 1 every other month 1 every other month 1 every other month	Avoid Avoid 1 every other month 1 every other month 5 1 2 4 1 2 4 1 1 every other month 4 2 2 2 2 Avoid 1 every other month 1 every other month 2 2 2 Avoid	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 2 2 1 2 2 1 3 4 4 1 1 4 1 1 1 every other month 1 every other month	
Channel Catfish	Back River       Bird River       Bohemia River       Bush River       C & D Canal       C & D Canal       Chester River     < 20"	$\begin{array}{c} \Delta \\ \Delta \\ \\ \\ \Delta \\ \\ \\ \\ \Delta \\ \\ \\ \Delta \\ \\ \\ \\ \\ \Delta \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\$	Avoid Avoid 1 every other month 1 every other month 6 1 every other 5 1 every other month 2 2 2 Avoid 1 every other month 1 every other month	Avoid       Avoid       1 every other       month       1       1 every other       month       5       1       2       4       1       every other       month       1       1       every other       month       1       every other       month       1       every other       month       1       No Limit       2       1       every other       month	Avoid       Avoid       1 every other       month       1       Avoid       3       1       2       2       1       Avoid       1       Avoid       1       Avoid       1       1       No Limit       1	
Channel Catfish	Back River Bird River Bohemia River Bush River C & D Canal C & D Canal Chester River <20" >20" Choptank River Conococheague Elk River Elk River Gunpowder River Elk River Lower Patuxent River Middle Patuxent River Middle Patuxent River Middle River Nanticoke River Nanticoke River North Branch of Potomac River from Old Town to Jennings Randolf Northeast River Patapsco River/Baltimore Harbor	$\begin{array}{c} \Delta \\ \Delta \\ \\ \\ \Delta \\ \\ \\ \\ \Delta \\ \\ \\ \Delta \\ \\ \\ \\ \\ \Delta \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\$	Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1 2 5 1 1 every other month 4 2 2 2 2 4 0 1 every other month 1 every other month 2 1 every other month	Avoid Avoid 1 every other month 1 every other month 5 1 2 4 1 2 4 1 1 every other month 4 2 2 2 Avoid 1 every other month 1 every other month 2 1 every other month	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 2 2 2 1 2 2 1 4 4 1 1 4 1 1 1 every other month 1 1 every other month	
Channel Catfish	Back River       Bird River       Bohemia River       Bush River       Bush River       C & D Canal       C & D Canal       Chester River     < 20"	$ \begin{array}{c} \Delta \\ \Delta \\ \\ \\ \Delta \\ \\ \\ \\ \Delta \\ \\ \\ \Delta \\ \\ \\ \\ \Delta \\$	Avoid Avoid 1 every other month 1 every other month 6 1 every other 2 5 1 every other month 2 2 2 1 every other month 1 every other month 1 every other month 1 every other	Avoid Avoid 1 every other month 1 every other month 5 1 every other 2 4 1 every other month 2 2 2 Avoid 1 every other month 1 every other month 1 every other month 1 every other month	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 2 1 2 2 3 1 2 3 4 1 2 3 1 2 3 1 2 3 1 1 1 1 1 1 1 1 1 1 1	
Channel Catfish	Back River Bird River Bohemia River Bush River C & D Canal C & D Canal Chester River <20" >20" Choptank River Conococheague Elk River Elk River Gunpowder River Elk River Lower Patuxent River Middle Patuxent River Middle Patuxent River Middle River Nanticoke River Nanticoke River North Branch of Potomac River from Old Town to Jennings Randolf Northeast River Patapsco River/Baltimore Harbor	$ \begin{array}{c} \Delta \\ \Delta \\ \\ \\ \Delta \\ \\ \\ \\ \Delta \\ \\ \\ \Delta \\ \\ \\ \\ \Delta \\$	Avoid Avoid 1 every other month 1 every other month 6 1 2 5 1 2 5 1 1 every other month 4 2 2 2 2 1 every other month 1 every other month 1 every other month	Avoid Avoid 1 every other month 1 every other month 5 1 2 4 1 2 4 1 1 every other month 4 2 2 2 Avoid 1 every other month 1 every other month 2 1 every other month	Avoid Avoid 1 every other month 1 Avoid 3 1 2 2 2 2 2 1 2 2 1 4 4 1 1 4 1 1 1 every other month 1 1 every other month	

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				Recom	/Month	
Species	Waterbody			General Population	Women <sup>1</sup>	Children <sup>2</sup>
	Potomac - 301 Bridge to DC Line			1 every other	1 every other	
		< 18"	Δ	month	month	Avoid
		> 18"	Δ	Avoid	Avoid	Avoid
	Potomac River - Dam #4 to Da	m #5	*	5	4	2
	Potomac River - DC line to Da	m #3	Δ	6	5	3
	Potomac River - Hancock		Δ	No Limit	No Limit	8
	Potomac River - Little Orlea	ns	Δ	No Limit	No Limit	6
	Potomac River - Near Paw Paw	, WV	Δ	No Limit	No Limit	No Limit
	Potomac: Dam #3 to Dam #	4	*	5	4	2
	Rewastico Creek		Δ	4	4	3
	Rocky Gorge Reservoir		*	6	5	3
	Sassafras River		Δ	2	2	1
	Susquehanna River - Above Conow	ingo Dam	Δ	1	1	1
	Susquehanna River - Below Conow	ingo Dam	Δ	Avoid	Avoid	Avoid
	Upper Choptank River: Tuckahoe	Branch	Δ	2	2	2
	Upper Patuxent River		Δ	2	2	1
	Wicomico River		Δ	2	2	1
	Anacostia River		Δ	Avoid	Avoid	Avoid
	Back River		Δ	Avoid	Avoid	Avoid
	Gunpowder River		Δ	2	2	2
Common Carp	Lake Roland		* +	2	2	2
	Potomac - 301 Bridge to DC I	Line	Δ	Avoid	Avoid	Avoid
	Rhode & West		Δ	7	7	7
	South River		Δ	2	2	1
	Susquehanna River - Above					
	Conowingo Dam - All Meat	All sizes	Δ	1	1	1
	Susquehanna River - Above	< 22"	* 🗙	No Limit	No Limit	6
	Conowingo Dam - (No Dark Meat or	22" - 28"	* 🗙	7	6	3
$\Gamma_{1}$	Belly Fat)	> 28"	* 🗙	7	6	4
Flathead Catfish	Susquehanna River - Below					
	Conowingo Dam - All Meat	All sizes	Δ	1	1	1
	Susquehanna River - Below	< 22"	* 🗙	No Limit	No Limit	6
	Conowingo Dam - (No Dark Meat or	22" - 28"	* 🗙	7	6	3
	Belly Fat)	> 28"	* 🗙	7	6	4

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				nended Meals	s/Month
Species	Waterbody		General Population	Women <sup>1</sup>	Children <sup>2</sup>
	Anacostia River	$\diamond$	2	2	2
					1 every other
	Antietam	$\diamond$	2	1	month
	Big Pool, Washington County	*	3	3	2
	Blair Valley Lake	*	6	5	3
	Broadford Lake	*	3	3	2
	Bush River	$\diamond$	3	2	1
	Cash Lake	*	3	2	1
	Centennial Lake	*	8	7	4
	Clopper Lake	*	5	5	3
			1 every other	1 every other	
	Conococheague	$\diamond$	month	month	Avoid
	Cunningham Falls Lake	*	5	5	3
	Deep Creek Lake	*	2	2	1
	Greenbelt Lake	*	No Limit	8	5
	Gunpowder River	$\Delta \Diamond$	2	2	1 ◊
	Jennings Randolph Reservoir	*	4	3	2
	Johnson's Pond	*	7	6	4
	Lake Artemesia	*	5	4	2
	Lake Bernard Frank	*	No Limit	8	4
	Lake Habeeb	*	7	6	3
	Lake Kittamaquindi	Δ	No Limit	No Limit	8
	Lake Kittamaquinui	Δ	NO LIIIII	NO LIIIII	1 every other
	Lake Lariat	*	1	1	month
		*	7	6	3
	Lake Linganore Lake Needwood	*	7	6	4
		* +	5	4	3
	Lake Rolaliu	*	5	5	
	Liberty Reservoir	*	-	-	3
	Little Seneca Lake	т *	No Limit	No Limit	7
	Loch Raven Reservoir	^	8	7	4
	Lower Patuxent River	Δ	No Limit	No Limit	No Limit
	Mattawoman Creek	0		No Limit	7
	Middle Patuxent River	Δ	No Limit	No Limit	No Limit
					1 every other
	Middle River	Δ	<u>l</u>	<u>l</u>	month
	Millington Wildlife Management Area	*	3	3	2
Large and	Monocacy River	Δ	No Limit	No Limit	No Limit
Smallmouth Bass					
♥	Myrtle Grove Lake	*	No Limit	No Limit	8
	Nanticoke River: Marshy Hope Creek	$\diamond$	No Limit	8	4
	North Branch of Potomac River from Old Town to	*	5	5	3
					1 every other
	Northeast River	$\diamond$	2	1	month
	Patapsco River/Baltimore Harbor	Δ	3	3	2
	Patapsco River: S. Hanover Bridge to Annapolis Rd	$\diamond$	2	2	1
					1 every other
	Piney Reservoir	*	2	2	month
	Piney Run Lake	*	No Limit	No Limit	6
	Potomac River - 301 Bridge to DC Line	$\diamond$	3	2	1
	Potomac River - Near Paw Paw, WV	Δ	No Limit	No Limit	No Limit
	Potomac River - Dam #3 to Dam #4	*	3	3	2

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- Contaminant present in fish: \* Mercury  $\triangle$  PCBs + Pesticides  $\diamond$  PFOS

Waterbody       Potomac River - Dam #4 to Dam #5       Potomac River - DC line to Dam #3       Prettyboy Reservoir       Rocky Gorge Reservoir       Savage Reservoir       Smithville Lake       St. Mary's River       Stansbury Pond       Stemmers Lake       squehanna River - Above Conowingo Dam       Tidel headwaters of Directory Grady	* * * * * * * * * * * * * * * * * * *		Women       1         4       2         5       4         1       No Limit         1       No Limit         No Limit       No Limit	Children <sup>2</sup> 3 1 every other month 3 2 1 5 1 every other month 6 8
Potomac River - Dam #4 to Dam #5       Potomac River - DC line to Dam #3       Prettyboy Reservoir       Rocky Gorge Reservoir       Savage Reservoir       Smithville Lake       St. Mary's River       Stansbury Pond       Stemmers Lake       Squehanna River - Above Conowingo Dam       Squehanna River - Below Conowingo Dam		5 2 5 4 1 No Limit 2 No Limit	4 2 5 4 1 No Limit 1 No Limit	3 1 every other month 3 2 1 5 1 every other month 6
Potomac River - DC line to Dam #3       Prettyboy Reservoir       Rocky Gorge Reservoir       Savage Reservoir       Smithville Lake       St. Mary's River       Stansbury Pond       Stemmers Lake       Squehanna River - Above Conowingo Dam       Squehanna River - Below Conowingo Dam		2 5 4 1 No Limit 2 No Limit	2 5 4 1 No Limit 1 No Limit	1 every other month 3 2 1 5 1 every other month 6
Prettyboy Reservoir Rocky Gorge Reservoir Savage Reservoir Smithville Lake St. Mary's River Stansbury Pond Stemmers Lake Equehanna River - Above Conowingo Dam Equehanna River - Below Conowingo Dam		5 4 1 No Limit 2 No Limit	5 4 1 No Limit 1 No Limit	month 3 2 1 5 1 every other month 6
Prettyboy Reservoir Rocky Gorge Reservoir Savage Reservoir Smithville Lake St. Mary's River Stansbury Pond Stemmers Lake Equehanna River - Above Conowingo Dam Equehanna River - Below Conowingo Dam		5 4 1 No Limit 2 No Limit	5 4 1 No Limit 1 No Limit	3 2 1 5 1 every other month 6
Rocky Gorge Reservoir       Savage Reservoir       Smithville Lake       St. Mary's River       Stansbury Pond       Stemmers Lake       Squehanna River - Above Conowingo Dam       Squehanna River - Below Conowingo Dam		4 1 No Limit 2 No Limit	4 1 No Limit 1 No Limit	2 1 5 1 every other month 6
Savage Reservoir Smithville Lake St. Mary's River Stansbury Pond Stemmers Lake Equehanna River - Above Conowingo Dam Equehanna River - Below Conowingo Dam		1 No Limit 2 No Limit	1 No Limit 1 No Limit	1 5 1 every other month 6
Smithville Lake St. Mary's River Stansbury Pond Stemmers Lake equehanna River - Above Conowingo Dam		2 No Limit	1 No Limit	1 every other month 6
St. Mary's River Stansbury Pond Stemmers Lake equehanna River - Above Conowingo Dam equehanna River - Below Conowingo Dam		2 No Limit	1 No Limit	1 every other month 6
Stansbury Pond Stemmers Lake equehanna River - Above Conowingo Dam equehanna River - Below Conowingo Dam		No Limit	No Limit	month 6
Stansbury Pond Stemmers Lake equehanna River - Above Conowingo Dam equehanna River - Below Conowingo Dam		No Limit	No Limit	6
Stemmers Lake equehanna River - Above Conowingo Dam equehanna River - Below Conowingo Dam				
quehanna River - Above Conowingo Dam quehanna River - Below Conowingo Dam	∆ ◊	NO LIMII	NO LIMII	8
quehanna River - Below Conowingo Dam	◊			1
quehanna River - Below Conowingo Dam	◊	1	1	1 every other
		1	1	month
	0	2	2	1
Tidal headwaters of Piscataway Creek	<b>(</b>	Avoid	Avoid	Avoid
• • • • • • • • • • • • • • • • • • •	*	-		3
	*	-	-	2
	*			5
	<b></b>			1
11	♦	-	_	2
•	*			8
	*			8
•	*			8
	Ŷ			1
	Δ			1
Bush River	0	_		1
		•	5	
	0			Avoid
· ·				8
	Δ	3	3	3
-				
•				
			No Limit	No Limit
	Δ			NO LIIIIII
	۸	No Limit	No Limit	7
•				-
	//ww	w.eregulations	s.com/marylane	
				**For
1 0				
www.eregulations.com/maryland/fishing/special	l-ma	nagement-area	<u>s-trout</u>	
	Triadelphia Reservoir       Tuckahoe Lake       Unicorn Lake       per Choptank River: Greensboro Branch       Upper Patuxent River       Urieville Community Lake       Wilde Lake       Wye Mills Community Lake       Youghiogheny River Lake       Anacostia River       Bush River       Mattawoman Creek       Nanticoke River: Marshy Hope Creek       Potomac - 301 Bridge to DC Line       atchery Raised fish stocked in Anne Arundel       y, Baltimore City, Baltimore County, Calvert       nty, Carroll County, Caroline County, Cecil       //, Charles County, Frederick County, Harford       mty, Howard County, Queen Anne's County,       ntgomery County, Prince George's County,       ntgomery County, Wicomico County, and       Worcester County       and Garrett County       and Garrett County       nore information on put-and-take fish see <a href="https://www.set-tips.ing-areas">https:</a> formation on Special Management Areas-Trout	Triadelphia Reservoir     *       Tuckahoe Lake     *       Unicorn Lake     *       per Choptank River: Greensboro Branch     •       Upper Patuxent River     •       Urieville Community Lake     *       Wilde Lake     *       Wye Mills Community Lake     *       Youghiogheny River Lake     *       Anacostia River     •       Bush River     •       Mattawoman Creek     •       Nanticoke River: Marshy Hope Creek     △       Potomac - 301 Bridge to DC Line     △       atchery Raised fish stocked in Anne Arundel     y, Baltimore City, Baltimore County, Calvert       nty, Carroll County, Caroline County, Cacil     µ, Charles County, Frederick County, Harford       nty, Howard County, Queen Anne's County,     and       Worcester County     △       worcester County     △       hore information on put-and-take fish see <a href="https://wwwe-trout-fishing-areas">https://wwwe-trout-fishing-areas</a> formation on Special Management Areas-Trout see	Triadelphia Reservoir*7Tuckahoe Lake*3Unicorn Lake*No Limitper Choptank River:Greensboro Branch $\diamond$ 3Upper Patuxent River $\diamond$ 3Urieville Community Lake*No LimitWilde Lake*No LimitWye Mills Community Lake*No LimitYoughiogheny River Lake*2Anacostia River $\diamond$ 3Bush River $\diamond$ 2I every other1Mattawoman Creek $\diamond$ No LimitPotomac - 301 Bridge to DC Line $\Delta$ 3atchery Raised fish stocked in Anne Arundely, Baltimore City, Baltimore County, CalvertAnty, Carroll County, Caroline County, Cecil $\lambda$ No Limit $\lambda$ , Charles County, Prince George's County, atshington County, Wicomico County, and Worcester County $\Delta$ No Limitnore information on put-and-take fish see <a href="https://www.eregulationsee-trout-fishing-areas">https://www.eregulationsee-trout-fishing-areas</a> formation on Special Management Areas-Trout see $\Delta$	Triadelphia Reservoir*76Tuckahoe Lake*33Unicorn Lake*No LimitNo Limitper Choptank River:Greensboro Branch032Upper Patuxent River033Urieville Community Lake*No LimitNo LimitWilde Lake*No LimitNo LimitNo LimitWye Mills Community Lake*No LimitNo LimitYoughiogheny River Lake*22Anacostia River $\Delta$ 33Bush River $\circ$ 22Mattawoman Creek $\diamond$ No LimitNo LimitNonthRiver: $\Delta$ 33Bush River $\diamond$ 22Mattawoman Creek $\diamond$ No LimitNo LimitNonthRiver:Mattawoman Creek $\Delta$ 3Anacostia River: $\Delta$ 33Bush River $\diamond$ 22Mattawoman Creek $\diamond$ No LimitNo LimitNonthRiver:Anne Arundel33y, Carroll County, Caroline County, CalvertANo LimitNo Limittty, Carroll County, Prince George's County,ANo LimitNo Limitworeester County $\Delta$ No LimitNo LimitNo Limitworeester County $\Delta$ No LimitNo LimitNo Limitnore information on put-and-take fish seehttps://www.eregulations.com/marylandee-trout-fishing-areashttps://www.eregulations

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters **Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children** Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

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Contaminant pres			Recommended Meals/Month				
Spacios	Watarbady		General Population	Women <sup>1</sup>	Children <sup>2</sup>		
Species	Waterbody         Antietam	^	4	3	2		
	Big Pool, Washington County	ν Δ	No Limit	No Limit	No Limit		
		$\Delta^*$	No Limit	No Limit	7		
	Jennings Randolph Reservoir	*	7	6	4		
	Jones Falls	Δ	7	7	6		
			,	,	1 every other		
	Monocacy River	0	2	1	month		
Rock Bass ♥	North Branch of Potomac River from Old Town to						
	Jennings Randolf	*	8	7	4		
	Patapsco River/Baltimore Harbor	0	2	2	1		
	Patapsco River: Non-Tidal Gwynns Falls	0	2	2	1		
	Patapsco River: North of Ellicott City	Δ	No Limit	No Limit	No Limit		
					1 every other		
	Savage Reservoir	*	1	1	month		
	Herring Bay	0	6	6	3		
Silver Perch	Maryland's Atlantic Coastal Waters	Δ	No Limit	No Limit	No Limit		
	St. Mary's River	٥	7	6	3		
	Back River	Δ	5	5	4		
	Bohemia River	Δ	5	5	4		
	Bush River	Δ	5	5	4		
	Chester River	Δ	5	5	4		
	Choptank River	Δ	5	5	4		
	Eastern Bay: Miles & Wye River	Δ	5	5	4		
	Elk River	Δ	5	5	4		
	Herring Bay	$\diamond$	6	5	3		
	Lower Chesapeake Bay and Tributaries	$\diamond$	3	3	2		
	Lower Patuxent River	Δ	5	5	4		
	Magothy	Δ	5	5	4		
	Mid Bay: Middle to Patapsco	$\diamond$	2	2	1		
	Mid Bay: Patapsco to Upper Patuxent and Tributaries	$\diamond$	3	3	2		
Spot •	Middle Patuxent River	Δ	5	5	4		
Spot ♥	Middle River	Δ	5	5	4		
	Nanticoke River	Δ	5	5	4		
	Northeast River	Δ	5	5	4		
	Patapsco River - Middle Branch	$\diamond$	2	2	1		
	Patapsco River/Baltimore Harbor	$\diamond$	4	4	2		
	Pocomoke River	Δ	5	5	4		
	Potomac: Mouth to 301	Δ	5	5	4		
	Rhode & West	Δ	5	5	4		
	Sassafras River	Δ	5	5	4		
	Severn River	Δ	5	5	4		
	South River	Δ	5	5	4		
	St. Mary's River	Δ	5	5	4		
	Upper Chesapeake Bay and Tributaries	$\diamond$	3	3	2		
	Upper Patuxent River	Δ	5	5	4		
	Wicomico River	Δ	5	5	4		

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2 **Children** = all young children up to age 6

 $\bullet$  = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

 $\mathbf{x}$  = Fish where all dark meat and/or Belly Fat has been removed

Contaminant pres	tt in fish: * Mercury $\Delta$ PCBs + Pesticide		♦ PFOS Recommended Meals/Month			
			General	2		
Species	Waterbody		Population	Women <sup>1</sup>	Children <sup>2</sup>	
	Atlantic Ocean	• • • •			1 every other	
		< 28" Δ	1	1	month	
		• • •			1 every other	
		> 28" $\Delta$		<u> </u>	month *	
	Choptank River	< 28" •		8	5	
	Lower Chesapeake Bay and	< 28" ∆ <b>≭</b>		No Limit	7	
	Tributaries	< 28" A	3	3	2	
		>28" ∆ <b>≭</b>	No Limit	No Limit	5	
			1	1	1 every other	
		> 28" $\Delta$			month	
	Mid Bay: Patapsco to Upper Patuxent	< 28" ∆ <b>≭</b>		No Limit	7	
	and Tributaries	< 28" <u>Δ</u>	3	3	2	
		>28" ∆ <b>≭</b>	No Limit	No Limit	5	
		<b>2</b> 0 <b>1</b>			1 every other	
a : 15		> 28" $\Delta$	1	1	month	
Striped Bass	Nanticoke River: Marshy Hope Creek	• • • •				
(Rockfish) ♥		< 28" •		No Limit	No Limit	
	Northeast River	< 28" •	3	2	1	
	Patapsco River - Middle Branch	< 28" Δ	2	2	1	
				_	1 every other	
		> 28" $\Delta$	1	1	month *	
	Patapsco River: S. Hanover Bridge to				_	
	Annapolis Rd	< 28" 🔹 🗞	No Limit	No Limit	5	
	Potomac River - 301 Bridge to DC		_	_		
	Line	< 28" 🔹 🗞	5	5	3	
	Susquehanna River - Below	• • •		_		
	Conowingo Dam	< 28" 🔹 🗞	3	2	l	
	Upper Chesapeake Bay and	< 28" 👌 🗙	7	6	4	
	Tributaries	< 28" <b>Δ</b>	3	3	2	
		> 28" 👌 🗙	7	6	4	
		> 2011 .	1	1	1 every other	
		> 28" $\Delta$	1	1	month	
			1	1	1 every other	
	Anacostia River	<u> </u>	1	1	month	
			1	1	1 every other	
	Antietam	8			month	
	Big Pool, Washington County	Δ	No Limit	No Limit	No Limit	
	Broadford Lake	*	No Limit	No Limit	6	
	Bush River	Δ	6	6	6	
	Bynum Run	0	2 4	2 4	1	
	C & D Canal	<u>۲</u>	4 8	4	2	
	Cash Lake Centennial Lake	* •		,	4 No Limit	
		^ 	No Limit No Limit	No Limit No Limit	No Limit No Limit	
	Choptank River	Δ	No Limit 2	No Limit 2		
	Gunpowder River	<u>Δ</u>	2 No Limit	No Limit	No Limit	
	Keys Community Park Pond Lake Artemesia	Υ 	No Limit No Limit	No Limit No Limit	No Limit No Limit	
		* •				
	Lake Bernard Frank	* -	No Limit	No Limit	No Limit	
	Lake Lariat	*	4 No Limit	3 No Limit	2 No Limit	
	Lake Needwood		No Limit	No Limit	No Limit	
	Lake Roland	Δ	No Limit	No Limit	8	

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			Recommended Meals/Month			
<b>.</b> .			General	Women <sup>1</sup>	Children <sup>2</sup>	
Species	Waterbody	<u> </u>	Population			
	Liberty Reservoir	*	No Limit	No Limit	No Limit	
	Little Seneca Lake	*	No Limit	No Limit	8	
	Loch Raven Reservoir	*	No Limit	No Limit	No Limit	
	Lower Patuxent River	Δ	No Limit	No Limit	7	
	Magothy	Δ	5	5	5	
Sunfish	Middle Patuxent River	Δ	No Limit	No Limit	7	
(including	Millington Wildlife Management Area	*	No Limit	No Limit	5	
Bluegill)			1 every other	1 every other		
Diucgiii)	Monocacy River	٥	month	month	Avoid	
	Non-Tidal Piscataway Creek	0	Avoid	Avoid	Avoid	
	Patapsco River/Baltimore Harbor	Δ	6	5	3	
	Patapsco River: North of Ellicott City	0	3	2	1	
	Patapsco: Non-Tidal Gwynns Falls	0	2	2	1	
	Piney Reservoir	*	No Limit	No Limit	8	
					1 every oth	
	Port Tobacco River	0	2	1	month	
	Potomac - 301 Bridge to DC Line	Δ	2	2	2	
	Potomac River - Dam #4 to Dam #5	*	No Limit	No Limit	5	
	Potomac River - DC line to Dam #3	Δ	No Limit	No Limit	8	
				5	3	
	Potomac River - Town Creek	<b></b>	6	-	-	
			1	1 every other	1 every oth	
	Potomac River: Mouth to 301	0		month	month	
	Prettyboy Reservoir	*	No Limit	No Limit	No Limit	
	Rock Creek (Montgomery County)	Δ	3	3	3	
	Rocky Gorge Reservoir	*	No Limit	No Limit	No Limit	
	Stansbury Pond	Δ	No Limit	No Limit	5	
	Susquehanna River - Above Conowingo Dam	Δ	6	6	5	
	Triadelphia Reservoir	*	No Limit	No Limit	6	
	Upper Patuxent River	\$	2	2	1	
	Wilde Lake	*	6	5	3	
					1 every oth	
	Winters Run	0	1	1	month	
	Conococheague	*	3	3	2	
	Deep Creek Lake	*	3	3	2	
	Jennings Randolph Reservoir	*	4	4	2	
	North Branch of Potomac River from Old Town to					
	Jennings Randolf	*	2	2	1	
Walleye	Potomac River - Dam #4 to Dam #5	*	4	4	2	
w ancyc	Potomac River - DC line to Dam #3	*	2	1	1	
	Fotomac River - DC line to Daili #5			1 1 arrany ath an	1	
	Course Decourse in	*	1 every other	•	Avoid	
	Savage Reservoir	۴ ب	month	month	Avoid	
	Youghiogheny River Lake	ŕ	1	1	I	
	Chester River	Δ	8	7	4	
	Mid Bay: Middle to Patapsco	$\Delta \diamond$	6	5	4 ◊	
	Nanticoke River	Δ	2	2	2	
White Catfish	Patapsco River/Baltimore Harbor	Δ	Avoid	Avoid	Avoid	
	Potomac - 301 Bridge to DC Line	Δ	Avoid	Avoid	Avoid	
White Crappie	Rocky Gorge Reservoir	*	No Limit	8	5	

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			Recommended Meals/Month			
			General	1		
Species	Waterbody		Population	Women <sup>1</sup>	Children <sup>2</sup>	
	Anacostia River	0	2	2	1	
	Back River	Δ	2	1	1	
	Bird River	Δ	2	2	1	
	Bohemia River	Δ	2	2	1	
	Bush River	$\diamond$	4	3	2	
	C & D Canal	Δ	4	4	2	
	Chester River	$\diamond$	6	5	3	
	Choptank River	$\diamond$	4	4	2	
	Eastern Bay: Miles & Wye River	Δ	No Limit	No Limit	8	
	Elk River	$\diamond$	7	6	3	
	Gunpowder River	$\diamond$	2	2	1	
	Herring Bay	$\diamond$	3	3	2	
	Liberty Reservoir	*	3	2	1	
	Magothy River	Δ	2	2	2	
	Maryland's Atlantic Coastal Waters	Δ	No Limit	No Limit	8	
	Mid Bay: Middle to Patapsco	Δ	5	4	2	
	Middle Patuxent River	$\diamond$	5	4	2	
White Perch			1 every other	1 every other		
	Middle River	Δ	month	month	Avoid	
	Nanticoke River	Δ	8	8	7	
	Northeast River	Δ	3	2	1	
	Patapsco River/Baltimore Harbor	Δ	6	5	3	
	Patapsco River: S. Hanover Bridge to Annapolis Rd	$\diamond$	4	4	2	
	Pocomoke River	$\Delta *$	5	5	5	
	Port Tobacco River	$\diamond$	3	2	1	
	Potomac - 301 Bridge to DC Line	$\diamond$	3	2	1	
	Potomac: Mouth to 301	Δ	6	6	6	
	Rhode & West	Δ	4	4	3	
	Sassafras River	Δ	2	2	2	
	Severn River	Δ	2	2	2	
	South River	Δ	3	3	2	
	Tred Avon River	Δ	No Limit	No Limit	6	
	Triadelphia Reservoir	*	6	5	3	
	Upper Patuxent River	Δ	No Limit	No Limit	No Limit	
	Wicomico River	$\diamond$	4	3	2	
	Antietam	Δ	No Limit	8	5	
	Gunpowder River	0	5	4	3	
White Sucker	Jones Falls	0	3	3	2	
	Upper Patuxent River	0	No Limit	8	4	
	Winters Run	0	No Limit	No Limit	6	

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- Contaminant present in fish: \* Mercury  $\triangle$  PCBs + Pesticides  $\diamond$  PFOS

Contaminant prese			<b>Recommended Meals/Month</b>				
			General		_		
Species	Waterbody		Population	Women <sup>1</sup>	Children <sup>2</sup>		
	Anacostia River	٥	No Limit	No Limit	No Limit		
	Lake Bernard Frank	*	7	6	3		
	Liberty Reservoir	*	7	6	3		
	Monocacy River	*	6	5	3		
					1 every other		
	Non-Tidal Piscataway Creek	٥	1	1	month		
Yellow Bullhead	Lower Patuxent River	Δ	5	5	4		
	Middle Patuxent River	Δ	5	5	4		
					1 every other		
	Savage Reservoir	*	2	1	month		
	Upper Patuxent River	Δ	5	5	4		
	Wilde Lake	*	No Limit	No Limit	7		
	Youghiogheny River Lake	*	No Limit	No Limit	7		
	Bush River	Δ	2	2	1		
	Chester River	Δ	No Limit	No Limit	No Limit		
	Choptank River	Δ	No Limit	No Limit	No Limit		
	Deep Creek Lake	*	3	3	2		
			1 every other	1 every other	1 every other		
	Elk River	Δ	month	month	month		
	Gunpowder River	Δ	1	1	1		
	Liberty Reservoir	*	No Limit	No Limit	8		
	Little Seneca Lake	*	No Limit	No Limit	No Limit		
	Loch Raven Reservoir	*	No Limit	No Limit	6		
Yellow Perch	Magothy	Δ	3	3	3		
	Middle River	Δ	Avoid	Avoid	Avoid		
	Patapsco River: S. Hanover Bridge to Annapolis Rd	٥	8	7	4		
	Piney Run Lake	*	No Limit	No Limit	6		
	Severn River	Δ	5	5	4		
	South River	Δ	4	4	4		
	Susquehanna River - Below Conowingo Dam	Δ	No Limit	No Limit	No Limit		
	Upper Choptank River: Greensboro Branch	٥	3	2	1		
	Upper Choptank River: Tuckahoe Branch	Δ	No Limit	No Limit	No Limit		
	Triadelphia Reservoir	*	No Limit	No Limit	8		
	Youghiogheny River Lake	*	6	6	3		