AFIRM Autism Focused Intervention Resources & Modules

This overview brief will support your use of the evidence-based practice: Naturalistic Intervention.

> For more information visit: www.afirm.fpg.unc.edu

NATURALISTIC INTERVENTION (NI)

NATURALISTIC INTERVENTION (NI) ---EBP Brief Packet---

Components of the EBP Brief Packet...

This evidence-based practice overview on Naturalistic Intervention includes the following components:

- 1. **Overview:** A quick summary of salient features of the practice, including what it is, who it can be used with, what skills it has been used with, and settings for instruction.
- 2. **Evidence-base:** The *NI Evidence-base* details the NPDC criteria for inclusion as an evidence-based practice and the specific studies that meet the criteria for this practice.
- 3. **Step-by-Step Guide:** Use the *NI Step-by-Step Practice Guide* as an outline for how to plan for, use, and monitor NI. Each step includes a brief description as a helpful reminder while learning the process.
- 4. **Implementation Checklist:** Use the *NI Implementation Checklist* to determine if the practice is being implemented as intended.
- 5. Data Collection Sheets: Use the data collection sheets as a method to collect and analyze data to determine if progress is being made for a learner with ASD.
- 6. **Tip Sheet for Professionals:** Use the *NI Tip Sheet for Professionals* as a supplemental resource to help provide basic information about the practice to professionals working with the learner with ASD.
- 7. **Parent Guide:** Use the *NI Parent Guide* to help parents or family members understand basic information about the practice being used with their child.
- 8. Additional Resources: Use the *Additional Resources* to learn more about the practice.
- 9. CEC Standards: A list of CEC Standards that apply specifically to NI.
- 10. **Module References:** A list of numerical *References* utilized for the NI module.

Suggested citation:

Amsbary, J., & AFIRM Team. (2017). *Naturalistic intervention*. Chapel Hill, NC: National Professional Development Center on Autism Spectrum Disorders, FPG Child Development Center, University of North Carolina. Retrieved from http://afirm.fpg.unc.edu/naturalistic-intervention

What is NI?

Naturalistic intervention (NI) originates from applied behavior analysis, which is the use of behavioral techniques to teach learners specific skills. Naturalistic intervention (NI) integrates the principles of applied behavior analysis (ABA) into the natural environment, or into a learner's everyday routines and activities so that the acquired skills may be more easily generalized.

Evidence-base

Naturalistic intervention meets the evidence-based practice criteria set by NPDC with 10 single case design studies. The practice has been effective with learners in early intervention (0-2 years) to elementary school learners (6-11 years). Evidence-based practices (EBP) and studies included in the 2014 EBP report detailed how naturalistic intervention can be used effectively to address: social, communication, joint attention, behavior, and academic outcomes.

How Is NI Being Used?

NI can be used by a variety of professionals, including teachers, special educators, therapists, paraprofessionals, and early interventionists in educational and community-based environments. Parents and family members also can use NI in the home.

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---Evidence-base for Naturalistic Intervention---

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The National Professional Development Center on ASD has adopted the following criteria to determine if a practice is evidence-based. The EBP Report provides more information about the review process (Wong et al., 2014).

Efficacy must be established through high quality, peer-reviewed research in scientific journals using:

- randomized or quasi-experimental design studies (two high quality experimental or quasiexperimental group design studies),
- single-subject design studies (three different investigators or research groups must have conducted five high quality single subject design studies), or
- combination of evidence [one high quality randomized or quasi-experimental group design study and three high quality single subject design studies conducted by at least three different investigators or research groups (across the group and single subject design studies)].

--OVERVIEW--

Naturalistic intervention (NI) integrates the principles of ABA into the natural environment or into a learner's everyday routines and activities so that the acquired skills may be more easily generalized. Naturalistic intervention meets the evidence-based practice criteria with 10 single case design studies. The practice has been effective with learners in early intervention (0-2 years) to elementary school learners (6-11 years). Studies included in the 2014 EBP report detailed how naturalistic interventions can be used effectively to address: social, communication, joint attention, behavior, and academic outcomes.

In the table below, the outcomes identified by the evidence base are shown by age of participants.

Early Intervention (0-2)	Preschool (3-5)	Elementary (6-11)	Middle (12-14)	High (15-22)
Social	Social	Social	No studies	No studies
Communication	Communication	Communication		
	Joint Attention			
	Behavior			
	Play			
Academic	Academic			

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Early intervention (0-2 years)

*Ingersoll, B., Dvortcsak, A., Whalen, C., & Sikora, D. (2005). The effects of a developmental, social—Pragmatic language intervention on rate of expressive language production in young children with autistic spectrum disorders. *Focus on Autism and Other Developmental Disabilities*, *20*(4), 213-222. doi: 10.1177/10883576050200040301

Preschool (3-5 years)

- Hancock, T. B., & Kaiser, A. P. (2002). The effects of trainer-implemented enhanced milieu teaching on the social communication of children with autism. *Topics in Early Childhood Special Education, 22*(1), 39-54. doi: 10.1177/027112140202200104
- *Ingersoll, B., Dvortcsak, A., Whalen, C., & Sikora, D. (2005). The effects of a developmental, social—Pragmatic language intervention on rate of expressive language production in young children with autistic spectrum disorders. *Focus on Autism and Other Developmental Disabilities, 20*(4), 213-222. doi: 10.1177/10883576050200040301
- *Koegel, L. K., Carter, C. M., & Koegel, R. L. (2003). Teaching children with autism self-initiations as a pivotal response. *Topics in Language Disorders, 23*(2), 134-145. doi: 10.1097/00011363-200304000-00006
- *Koegel, R. L., Camarata, S., Koegel, L. K., Ben-Tall, A., & Smith, A. E. (1998). Increasing speech intelligibility in children with autism. *Journal of Autism and Developmental Disorders, 28*(3), 241-251. doi: 10.1023/A:1026073522897
- Koegel, R. L., Koegel, L. K., & Surratt, A. (1992). Language intervention and disruptive behavior in preschool children with autism. *Journal of Autism and Developmental Disorders*, *22*(2), 141-153. doi: 10.1007/BF01058147
- Kohler, F. W., Anthony, L. J., Steighner, S. A., & Hoyson, M. (2001). Teaching social interaction skills in the integrated preschool an examination of naturalistic tactics. *Topics in Early Childhood Special Education*, 21(2), 93-103. doi: 10.1177/027112140102100203
- McGee, G. G., & Daly, T. (2007). Incidental teaching of age-appropriate social phrases to children with autism. *Research and Practice for Persons with Severe Disabilities*, *32*(2), 112-123. doi: 10.2511/rpsd.32.2.112
- Olive, M. L., De la Cruz, B., Davis, T.N., Chan, J.M., Lang, R.B., O'Reilly, M.F., & Dickson, S.M. (2007). The effects of enhanced milieu teaching and a voice output communication aid on the requesting of three children with autism. *Journal of Autism and Developmental Disorders, 37*, 1505-1513. doi: 10.1007/s10803-006-0243-6
- Seiverling, L., Pantelides, M., Ruiz, H. H., & Sturmey, P. (2010). The effect of behavioral skills training with general case training on staff chaining of child vocalizations within natural language paradigm. *Behavioral Interventions, 25*(1), 53-75. doi: 10.1002/bin.293
- Whalen, C., & Schreibman, L. (2003). Joint attention training for children with autism using behavior modification procedures. *Journal of Child Psychology and Psychiatry, 44*(3), 456-468. doi: 10.1111/1469-7610.00135

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- *Koegel, L. K., Carter, C. M., & Koegel, R. L. (2003). Teaching children with autism self-initiations as a pivotal response. Topics in Language Disorders, 23(2), 134-145. doi: 10.1097/00011363-200304000-00006
- *Koegel, R. L., Camarata, S., Koegel, L. K., Ben-Tall, A., & Smith, A. E. (1998). Increasing speech intelligibility in children with autism. Journal of Autism and Developmental Disorders, 28(3), 241-251. doi: 10.1023/A:1026073522897

Middle (12-14 years)

No studies

High (15-22 years)

No studies

* Research which included participants in multiple age ranges.



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Naturalistic Intervention (NI) ---Step-by-Step Guide---

BEFORE YOU START ...

Each of the following points is important to address so that you can be sure the selected EBP is likely to address the learning needs of your student.

Have you found out more information about. . .?

- Established a goal or outcome that clearly states when the behavior will occur, what the target skill is, and how the team will know when the skill is mastered...
- □ Identifying evidence-based practices...

If the answer to any of these is "no," review the process of how to select an EBP.

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This practice guide outlines how to plan for, use, and monitor the practice of **Naturalistic Intervention**.

Keep in mind that NI can be used to decrease inappropriate behaviors and increase appropriate behaviors.

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Naturalistic Intervention

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Now you are ready to start
Step 1: Planning
The planning step explains initials steps and considerations involved when using NI as an intervention for a learner.
1.1 Identify routines and/or activities to target selected behavior
Ensure that NI is occurring as part of already occurring routines and activities for the learner. Use the NI Routines Determination Form - Home to help you identify times to use NI at home. Use the NI Routines Determination Form - School to help you identify times to use NI at school.
1.2 Determine naturally occurring reinforcers during routines/activities
Ensure that there are naturally occurring reinforcers for the learner as part of the routines/activities. Use the NI Reinforcer Checklist to help you identify reinforcers.
1.3 Collect baseline data during identified routines and/or activities
Collect data on the learner's target behavior during identified routines and activities to make sure that NI is a good fit for the target behavior during the chosen routines and activities. Use the NI Baseline Data Collection - Home to collect a baseline of the target behavior at home. Use the NI Baseline Data Collection - School to collect a baseline of the target behavior at school.
1.4 Select EBP
Choose which EBP(s) will work the best to address the learner's target behavior during routines and activities. Modeling (MD) and prompting (PP) are two EBPs that are often used as part of NI. <u>Note:</u> Check out the module on MD for more information about this specific process. <u>Note:</u> Check out the module on PP for more information about this specific process.
1.5 Develop implementation plan
Use information gathered in the first four steps to plan when, how, how often, and who will implement NI. Select strategies to use while implementing NI. Use the NI Strategies Table to identify strategies to use with NI. Use the NI Planning Worksheet to help you develop a plan to implement NI.
1.6 Train staff/providers/family members to implement the determined NI
Make sure the entire team has the knowledge and supports necessary to use NI to address the learner's target behavior.

Step 2: Using

This section describes the process of implementing NI, including the delivery of reinforcers.

2.1 Arrange environment to elicit target behavior

Be sure that the environment is ready for NI to occur during selected routine/activity. This includes minimizing distractions and making sure the learner is ready to engage.

] Use the NI Strategies Table to identify strategies to use with NI.

2.2 Engage the learner

Use appropriate strategies such as imitating the learner and being animated to ensure that the learner is attending to you and the activity.

Use the NI Strategies Table to identify strategies to use with NI.

2.3 Use selected EBP and planned strategies with the learner

Start using NI with the learner while making sure that the learner is attending and engaged in the intervention.

2.4 Provide naturally occurring reinforcement as appropriate

Make sure that the learner is receiving and responding to the naturally occurring reinforcers as part of the routine and activity. Be consistent with providing the reinforcement.

Step 3: Monitoring

The following process describes how NI can be monitored and how this data can be used to guide further support the learner.

3.1 Collect and analyze data on target behavior

Collect and look over data collected and discuss with the team how everything is going during implementation. You may problem solve together about encountered barriers while reviewing data.



Use the NI Date Log - Home to monitor the learner's progress at home.

Use the NI Date Log – School to monitor the learner's progress at school.

Step 3: Monitoring (continued)

3.2 Determine next steps based on learner's progress

Decide with the team when a learner has mastered a skill or behavior and what the next steps should be.

If the learner with ASD is showing progress, then continue to use naturalistic intervention.

If the learner with ASD is not showing progress with naturalistic intervention, ask yourself the following questions:

- Is the target behavior well defined?
- Is the target behavior measurable and observable?
- Is the behavior targeted during appropriate routines and activities?
- Is NI appropriate or a 'good fit' for the target behavior?
- Are there distractions holding the learner's attention?
- Are the NI strategies addressing the target behavior?
- Was naturalistic intervention used with fidelity? (Use the NI Implementation Checklist to determine fidelity.)
- Are reinforcers used motivating to the learner?

If these issues have been addressed and the learner with ASD continues to not show progress, consider selecting a different evidence-based practice to use with the learner.

Naturalistic Intervention (NI) ---Implementation Checklist---

Observation	1	2	3	4
Date				
Observer's Initials				
Step 1: Planning				
1.1 Identify routines and/or activities to target selected behavior				
1.2 Determine naturally occurring reinforcers during routines/activities				
1.3 Collect baseline data during identified routines and/or activities				
1.4 Select EBP(s)				
1.5 Develop implementation plan				
1.6 Train staff/providers/family members to implement NI				
Step 2: Using				
2.1 Arrange environment to elicit target behavior				
2.2 Engage the learner				
2.3 Use selected EBP(s) and planned strategies with the learner				
2.4 Provide naturally occurring reinforcement as appropriate				
Step 3: Monitoring				
3.1 Collect and analyze data on target behavior				
3.2 Determine next steps based on learner's progress				

Before you start:

Have you...

 Identified the behavior?

 Collected baseline data through direct observation?

Established a goal or outcome that clearly states when the behavior will occur, what the target skill is, and how the team will know when the skill is mastered.

If the answer to any of these is "no", refer to the "Selecting EBPs" section on the website.

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Naturalistic Intervention (NI)



Autism Focused Intervention

Resources & Modules

----NI Strategies----

Learner's Name: _

Date/Time: __

Observer(s): _

In making decisions regarding the implementation plan, you might consider which of the strategies might be helpful, along with the EBP(s) that you have chosen to use as part of NI.

Implementation Strategies to Support Naturalistic Intervention

Strategy	Examples	Use Strategy
<i>Use novel materials and change things up in familiar routines and activities.²⁻⁴</i>	 Add new toys to a play area in the classroom Move preferred items/toys into a different location Put something silly (e.g. a stuffed animal or toy figure) somewhere it should not be (e.g. in a toy sink) 	To set up the environment and to engage a learner if he/she does not seem interested in playing with you or seems to be bored during an activity
<i>Respond to & comment on what the learner is saying/doing.²⁻⁵</i>	 "Narrate" what the learner is doing (e.g. "Oh, I see you are building with blocks!") Ask the learner questions (e.g. "What should we do next?" "Tell me about what you are doing.") When the learner vocalizes, respond with words, even if the vocalization is not directed at you 	To help the learner engage with you while playing
<i>Imitate what the learner is saying/doing.¹</i>	 Make the same sounds/words right after the learner does, and wait to see if the learner looks towards you and engages Do the same actions as the learner and encourage the learner to look toward you and engage 	To draw the learner's attention to you
<i>Expand on what the learner is saying/doing.</i> ²	 Bring toy figures into play with cars or blocks Add another step onto a play routine (e.g. if the learner is pretending to feed a baby, encourage the learner to feed you as well) 	To keep the learner engaged following the start of an activity
<i>Give the learner</i> <i>choices.⁵⁻⁶</i>	 Offer choices to the learner with play items and food 	To encourage learner engagement and communication
Follow the learner's lead. ^{4,7-8}	 Get down on the same level as the learner and play with what the learner is playing with 	To help the learner remain engaged and interested in the activity
Exaggerate your sounds and movements. ⁴	 Be loud and silly while playing with/working with the learner 	To draw the learner's attention to you

For more

information, visit:

----NI Baseline Data Collection - Home---Date/Time: _____

Learner's Name: _____

Observer(s):

Begin by observing the learner and their use of the target skill during the determined routines and activities.

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Skill	Time	Activity (check)	Observed Target Benavior	for NI?
		□ Mealtime		🗆 Yes
		Family Outing		🗆 Maybe
		□ Dressing		🗆 No
		🗆 Bedtime		
		Playtime		
		Bath time		
		□ Other:		
		□ Mealtime		🗆 Yes
		Family Outing		🗆 Maybe
		□ Dressing		🗆 No
		🗆 Bedtime		
		Playtime		
		Bath time		
		□ Other:		
		□ Mealtime		🗆 Yes
		Family Outing		🗆 Maybe
		□ Dressing		🗆 No
		□ Bedtime		
		Playtime		
		Bath time		
		□ Other:		

Additional Notes:

For more

information, visit:

Autism Focused Intervention

Resources & Modules

----NI Baseline Data Collection - School---Date/Time: _____

Learner's Name: _____

Observer(s): _____

Begin by observing the learner and their use of the target skill during the determined routines and activities.

Target Behavior or Good Fit Routine/ **Observed Target Behavior** Date / Skill for NI? Time Activity (check) □ Circle time □ Yes □ Lunch time □ Maybe □ Snack time 🗆 No □ Recess □ Academics □ Class outing □ Other: □ Circle time □ Yes □ Lunch time □ Maybe □ Snack time 🗆 No □ Recess □ Academics □ Class outing □ Other: □ Circle time □ Yes □ Lunch time □ Maybe □ Snack time 🗆 No □ Recess □ Academics □ Class outing □ Other: Additional Notes:

For more information, visit:

---NI Baseline Data Collection - School---

Learner's Name: <u>Lillian</u>

Date/Time:

Observer(s): <u>Dan</u>

Begin by observing the learner and their use of the target skill during the determined routines and activities.

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-	3/17 12:30 pm	 Circle time Lunch time Snack time 	Lillian ran around the	🗆 Yes
		 Shack time Recess Academics Class outing Other: 	playground until a group of girls came up to her and interacted. Following this interaction	☑ Maybe □ No
	3/19 10:00 am	 Circle time Lunch time Snack time Recess Academics Class outing Other: Gym 	Lillian walked into the gym and immediately had a tantrum, continued crying until she saw one of her friends playing with hula hoops in the corner	✓ Yes☐ Maybe☐ No

It seems like Lillian is reacting to peers at recess, but upset during gym when she walks in. Let's start NI in gym (modeling appropriate play with hula-hoops when Lillian walks in) and I will talk to peers about what is going on at recess.

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----NI Baseline Data Collection - School----

Learner's Name: Monique

Date/Time: _

Observer(s): _____

Begin by observing the learner and his or her use of the target skill during the determined routines and activities.

Target Behavior or Skill	Date / Time	Routine/ Activity (check)	Observed Target Behavior	Good Fit for NI?
Use one or two words to request	10/17 10:30 am	 Circle time Lunch time Snack time Recess Academics Class outing Other: Playtime 	Monique did not use her words to request She repeated phrases from Doc McStuffins TV show	□ Yes ☑ Maybe □ No
			Played primarily in the pretend doctor's office	
Use one or	10/20	Circle time	No words to request	☑ Yes
two words to request Additional Notes:	2:00 pm	 Lunch time Snack time Recess Academics Class outing Other: Playtime 	Found a Doc McStuffins book in book center and looked at it the entire playtime	□ Maybe □ No

Monique shows a strong preference for Doc McStuffins.

For more information, visit:

Naturalistic Intervention (NI)

----NI Planning Worksheet---

Learner's Name: _____

Date/Time: _____

Observer(s):

Target Behavior: _____

Autism Focused Intervention Resources & Modules

Selected	Modeling		□ Other:	
EBP(s)	Prompting		1	
	School:		Home:	
Routines and	□ Circle time	□ Academics	□ Mealtime	🗆 Playtime
Activities to	Lunch time	Class outing	□ Family Outing	Bath time
Try EBP(s)	Snack time	□ Other:	□ Dressing	□ Other:
	□ Recess		🗆 Bedtime	
Staff and	School:		Home:	
family	□ Teacher	Other Related	🗆 Parent	Other Related
members to	Teacher Assistant	Service	🗆 Parent	Service
be trained to	D OT	□ Other:	D OT	□ Other:
implement NI	□ SLP		□ SLP	
	Using novel materia	als and changing thing	s up	
	□ Responding to and	commenting on what	the learner is saying	g/doing
Strategies to	Imitating what the least sector is a sector of the least sector is a sector is a sector of the least sector is a sector of the least sector is a sector of the least sector is a sector	earner is doing/saying	5	
incorporate	Expanding on what the learner is saying/doing			
into NI	□ Giving the learner choices			
	□ Following the learne	er's lead		
	Exaggerating your s	sounds and movemen	ts	
	□ Other:			
Additional				
Notes				

For more

information, visit:

AFI	NI Planning Worksheet Learner's Name: <u>Marco</u> Date/Time:
	Observer(s):
Autism Focused Resources & Mo	
Selected EBP(s)	Prompting provide least to most prompting to help Marco participate; begin with gestural prompts (pointing), then move to verbal prompts, followed by hand-over-hand prompting if needed to help Marco actively participate
Routines and Activities to Try EBP(s)	School: ☑ Circle time
Staff and family members to be trained to implement NI	School: ☑ Teacher Assistant ☑ OT ☑ SLP
Strategies to incorporate into NI	 Using novel materials and changing things up - move Marco's carpet square, mix up words in familiar songs Responding to and commenting on what the learner is saying/doing Imitating what the learner is doing/saying Expanding on what the learner is saying/doing Giving the learner choices - increase variety of song choices and allow Marco to choose Following the learner's lead Exaggerating your sounds and movements Other:
Additional Notes	Although Marco likes music, he often disengages during songs during circle time. Let's try these approaches for a few weeks to see if he increases his movements and sounds during songs at circle time.

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Naturalistic Intervention (NI)



----NI Planning Worksheet---

Learner's Name: Monique

Date/Time: _

Observer(s):

Autism Focused Intervention Resources & Modules Target Behavior: To use single words to request one or two toys

from an adult during playtime

Selected EBP(s)	☑ Modeling - Model the single words that Monique might use to request her preferred items (Doc McStuffins toys in the pretend doctor's office & Doc McStuffins book in the book center)
Routines and Activities to Try EBP(s)	School: Other: <u>Plautime: Pretend Doctor's Office; Book Center</u>
Staff and family members to be trained to implement NI	School: ☑ Teacher Assistant ☑ SLP
Strategies to incorporate into NI	 Using novel materials and changing things up - add some Doc McStuffins specific tools and characters to the doctor's office Responding to and commenting on what the learner is saying/doing Imitating what the learner is doing/saying Expanding on what the learner is saying/doing Giving the learner choices - give Monique choices in the book center (one Doc book, and another book) Following the learner's lead Exaggerating your sounds and movements Other:
Additional Notes	Be sure to make sure the Doc McStuffins items are not too distracting. We want Monique to be able to engage with an adult in addition to the Doc McStuffins toys in order to use her words to request.

For more information, visit:

AFIRM	Learner's Name:	
Autism Focused Intervention Resources & Modules	includes some generic items/foods/i	dentify appropriate reinforcers. This lis
Foods for Snacks/Mealtime Re	outines:	
🗆 Goldfish	French Fries	Ice Cream
□ Pizza	□ Pretzels	
Chicken Nuggets	Chips	
🗆 Fruit	□ Cheese	
Games for Play/Recess Routin	ies:	
□ Peek-a-boo	□ Pat-a-Cake	
□ Chase	Tickle games	
 Burrito games with a blanket 		
oys for Play/Recess Routines	:	
□ Trains and Cars	Computer	🗆 Books
🗆 Legos	□ Puzzles	Π
□ Remote controls	Noisy toys	
□ Phones	Doll house	
Special Interests for Activities	/Routines:	
☐ Movie:	TV Show:	□ Real-Life Person:
□ Movie Character:	□ TV Show Character:	Video Game:
□ Letters	Cars, Trains, Trucks	🗆 Music
□ Numbers	□ Dinosaurs	□ Computers/Technology
	For more information, visit:	

---NI Routines Determination - Home---

Learner's Name: _____

Date/Time: _____

Observer(s): ____

Consider using this form to determine when to implement NI at home.

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Routine/ Activity	Child Enjoyment Level (circle)	Barriers / Struggles?	Transition Ease Into? (circle) Transition Ease Out? (circle)	Good Fit for NI? (circle)
Morning Ro	outines		·	
Wake Up			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Dressing			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Mealtime			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Brush Teeth			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Other:			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Afternoon	Routines			
Afternoon	Routines			
Playtime			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Mealtime			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Nap			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Other:			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Additional Note	25:			

Routine/ Activity	Child Enjoyment Level (circle)			Good Fit for NI?	
Evening Ro	utines				
Mealtime			Into: NA rough so-so smooth Out: NA rough so-so smooth Yes	Maybe No	
Brush Teeth			Into: NA rough so-so smooth Out: NA rough so-so smooth Yes	Maybe No	
Bath time			Into: NA rough so-so smooth Out: NA rough so-so smooth Yes	Maybe No	
Dressing			Into: NA rough so-so smooth Out: NA rough so-so smooth Yes	Maybe No	
Bedtime Story			Into: NA rough so-so smooth Out: NA rough so-so smooth Yes	Maybe No	
Bedtime			Into: NA rough so-so smooth Out: NA rough so-so smooth Yes	Maybe No	
Other			Into: NA rough so-so smooth Out: NA rough so-so smooth Yes	Maybe No	
Additional Note	S:				

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Naturalistic Intervention (NI)

---NI Routines Determination - School---Learner's Name: _____

Date/Time: _____

Observer(s):

Consider using this form to determine when to implement NI in school.

Autism Focused Intervention Resources & Modules

Routine / Activity	Child Enjoyment Level (circle)	Barriers / Struggles?	Transition Ease Into? (circle) Transition Ease Out? (circle)	Good Fit for NI? (circle)
Morning Rc				
Drop Off	(3) (2) (3)		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Play Time			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Mealtime			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Circle/Group Time			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Academics:			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Academics:	(3) (2) (3)		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Specials (music, art, gym):	69 (1) (3)		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Specials (music, art, gym):	8 9 8		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Other:	8 😐 🕹		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Additional Note	es:			•

Routine / Activity	Child Enjoyment Level (circle)	Barriers/ Struggles?	Transition Ease Into? (circle) Transition Ease Out? (circle)	Good Fit for NI?
Afternoon I				
Mealtime	8 9 8		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Circle/Group Time			Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Recess	8 9		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Nap	8 😐 🚳		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Playtime	8 9 8		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Specials (music, art, gym):	898		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe Nc
Specials (music, art, gym):	69 (1) (3)		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Academics:	8 9 8		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Academics:	8 9 8		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Pick Up / After-School	8 9		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Other:	896		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No

For more information, visit:

Autism Focused Intervention Resources & Modules

Naturalistic Intervention (NI)

---NI Data Log - Home---

Learner's Name: _____

Date/Time: ____

Observer(s): __

Monitor the learner and their use of the target skill during routines and activities to determine if the learner has made progress.

Target Behavior or Date / Routine/ Implementer EBPs & Strategies Used (check) Skill Time Activity (check) (check) □ Mealtime □ Mom EBP: □ Dad □ Family □ Modeling Grandma Outing Prompting Grandpa Dressing □ Other: Bedtime □ Caregiver Strategies: Playtime □ Other: Use novel materials and change things up in familiar routines and Bath activities.2-4 $\hfill\square$ Respond to & comment on what the learner is saying/doing.²⁻⁵ time □ Imitate what the learner is saying/doing.¹ Other: □ Expand on what the learner is saying/doing.² □ Give the learner choices.⁵⁻⁶ □ Follow the learner's lead.^{4,7-8} Exaggerate your sounds and movements.⁴ Other: **Results & Outcomes:** Mealtime Mom EBP: \square □ Family □ Dad □ Modeling □ Grandma Outing □ Prompting Dressing □ Grandpa □ Other: □ Bedtime □ Caregiver Strategies: Playtime □ Other: Use novel materials and change things up in familiar routines and activities.2-4 Bath time □ Respond to & comment on what the learner is saying/doing.²⁻⁵ Other: □ Imitate what the learner is saying/doing.¹ □ Expand on what the learner is saying/doing.² □ Give the learner choices.⁵⁻⁶ □ Follow the learner's lead.^{4,7-8} □ Exaggerate your sounds and movements.⁴ Other: **Results & Outcomes:**

Naturalistic Intervention (NI)

Target Behavior or	Date /	Routine/	Implementer	EBPs & Strategies Used (check)
Skill	Time	Activity (check)	(check)	
		 Mealtime Family Outing Dressing Bedtime Playtime Bath time Other: 	 □ Mom □ Dad □ Grandma □ Grandpa □ Caregiver □ Other: 	 EBP: Modeling Prompting Other: Strategies: Use novel materials and change things up in familiar routines and activities.²⁻⁴ Respond to & comment on what the learner is saying/doing.²⁻⁵ Imitate what the learner is saying/doing.¹ Expand on what the learner is saying/doing.² Give the learner choices.⁵⁻⁶
Results & Outcomes:				 Follow the learner's lead.^{4,7-8} Exaggerate your sounds and movements.⁴ Other:
Additional Notes: How do you think tha Did you encounter ar At which points did yo	ny challen		the EBP?	
What could you have	done diff	erently?		
Do you feel comforta	ble imple	menting this EBP?		
Did the learner respo	ond positiv	vely to naturally oc	curring reinforcers	?
Did the learner seem	to enjoy	the activity?		
Other Notes:				
				or more nation, visit:

Naturalistic Intervention (NI)

---NI Data Log - School---

Learner's Name: _____

Date/Time: ___

Observer(s): ____

Monitor the learner and their use of the target skill during routines and activities to determine if the learner has made progress.

Autism Focused Intervention Resources & Modules

arget Behavior or Skill	Date / Time	Routine/ Activity (check)	Implementer (check)	EBPs & Strategies Used (check)
		 Circle time Lunch time Snack time Recess Academics Class outing Other: 	 Teacher TA SLP OT PT Other: 	 EBP: Modeling Prompting Other: Strategies: Use novel materials and change things up in familiar routines and activities.²⁻⁴ Respond to & comment on what the learner is saying/doing.²⁻⁵ Imitate what the learner is saying/doing.¹ Expand on what the learner is saying/doing.² Give the learner choices.⁵⁻⁶ Follow the learner's lead.^{4,7-8}
Results & Outcomes				 Exaggerate your sounds and movements.⁴ Other:
Results & Outcomes		Circle time Lunch	□ Teacher □ TA	□ Exaggerate your sounds and movements. ⁴

Naturalistic Intervention (NI)

Target Behavior or	Date /	Routine/	Implementer	EBPs & Strategies Used (check)
Skill	Time	Activity (check)	(check)	
		□ Circle time	□ Teacher	EBP:
		□ Lunch	TA TA	□ Modeling
		time Snack	□ SLP □ OT	 Prompting Other:
		time		Strategies:
		□ Recess	□ Other::	 Use novel materials and change things up in familiar routines and
		□ Academics		activities. ²⁻⁴
		□ Class		□ Respond to & comment on what the learner is saying/doing. ²⁻⁵
		outing		□ Imitate what the learner is saying/doing. ¹
		□ Other:		□ Expand on what the learner is saying/doing. ²
				 Give the learner choices.⁵⁻⁶ Follow the learner's lead.^{4,7-8}
				 Exaggerate your sounds and movements.⁴
				 Other:
Results & Outcomes:		1		
Additional Notes:	-			
How do you think that	at went?			
Did you encounter a	ny challer	iges implementing	the EBP?	
5	2	0 1 0		
At which points did y	ou see th	e EBP working?		
What could you have	done dif	ferently?		
	done an	lerendy.		
Do you feel comforta	ible imple	menting this EBP?		
Did the learner reser	and naciti	vely to paturally or	curring reinforcor	c)
Did the learner respo	niu positi	very to naturally OC	curring reiniorcer:	2:
Did the learner seem	i to enjoy	the activity?		
Other Notes:				
			F	For more
			infor	mation, visit:
			mon	



Naturalistic Intervention (NI) ---Professional's Guide---

AFIRM

Naturalistic Intervention...

- Is an evidence-based practice for children and youth with autism spectrum disorder (ASD) from 0-11 years old that can be implemented in multiple settings.
- Focuses on integrating into already occurring routines and activities with naturally occurring reinforcers

Why Use?

- NI may increase the hours of intervention received by a learner, as NI are implemented during naturally occurring routines and activities.
- NI can be used to improve learner behavior and social communication skills.

Outcomes

• The evidence – base for naturalistic intervention supports the use of this practice to address the outcomes below:

Early Intervention (0-2)	Preschool (3-5)	Elementary (6-11)	Middle (12-14)	High (15-22)
Social	Social	Social	No studies	No studies
Communication	Communication	Communication		
	Joint Attention			
	Behavior			
	Play			
Academic	Academic			

Naturalistic Intervention



TIPS:

- If possible, help engage a learner by using the learner's preferred interests and activities or imitating what the learner is doing.
- Remember, NI should occur during routines and activities that already happen!
- Be sure that naturally occurring reinforcements are given.



Naturalistic Intervention (NI) ---Professional's Guide---

STEPS FOR IMPLEMENTING

1. Plan

Naturalistic Intervention

This tip sheet was designed as a supplemental resource to help provide basic information about the practice.

For more information, visit: www.afirm.fpg.unc.edu

AUTISM Focused Intervention Resources & Modules

- Work with the team to determine the best course of action including deciding during which activities and routines to incorporate NI, and how to naturally reinforce the learner.
- Decide which EBP will best meet the learner's goals.
- Determine how NI will be implemented and how data will be collected.
- Prepare any necessary materials

2. Use

- Minimize distractions and set up environment for ideal implementation
- Make sure the learner is engaged, and is attending and responding to the naturally occurring reinforcement.

3. Monitor

- Review collected data with team.
- Determine next steps based on data analysis.

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Autism Focused Intervention Resources & Modules

Naturalistic Intervention (NI) ---Parent's Guide---

This introduction provides basic information about Naturalistic Intervention.

What is a Naturalistic Intervention?

- Naturalistic intervention is an evidence-based practice for child and youth with autism spectrum disorder (ASD) from 0 to 11 years old.
- NI is used to help improve child behaviors or skills as part of the learner's everyday routines and activities.

Why use Naturalistic Intervention with my child?

- NI may help your child better participate in daily routines or activities or learn new skills.
- Research has shown child improvements for very young children in early intervention through children of elementary school age. NI has been used to improve child social communication skills, decrease problem behavior, and to increase child play skills.

What activities can I do at home?

- Ask your child's intervention team to share with you behaviors being targeted during school.
- Explore with your child's teacher or provider your family's daily routines and activities to determine when it would be most beneficial for you to implement NI. NI should be naturally incorporated into your already existing routines and activities with naturally occurring reinforcement provided.
- Consider using NI to help your child participate more easily in daily routines and activities as well. Often, modeling skills (showing your child what to do) and prompting (giving your child cues such as hand-overhand assistance or telling your child what to do) are used as part of NI to help your child perform specific skills or complete tasks.

This parent introduction to **Naturalistic Intervention** was designed as a supplemental resource to help answer basic questions about this practice.

To find out more about how NI is used with your child, speak with:

For more information visit: www.afirm.fpg.unc.edu

Autism Focused Intervention Resources & Modules

Check out these resources to support your use of naturalistic intervention.

For more information visit: www.afirm.fpg.unc.edu

---Additional Resources---

Articles:

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- Schreibman, L., Dawson, G., Stahmer, A. C., Landa, R., Rogers, S. J., McGee, G. G., . . .
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 Empirically validated treatments for autism spectrum disorder. *Journal of Autism and Developmental Disorders*, 45(8), 2411-2428. doi:10.1007/s10803-015-2407-8

Naturalistic Intervention

Articles (continued):

- Spjut Jansson, B., Miniscalco, C., Westerlund, J., Kantzer, A., Fernell, E., & Gillberg, C. (2016). Children who screen positive for autism at 2.5 years and receive early intervention: A prospective naturalistic 2-year outcome study. *Neuropsychiatric Disease and Treatment*, *12*, 2255-2263. doi:10.2147/NDT.S108899
- Wright, C. A., Kaiser, A. P., Reikowsky, D. I., & Roberts, M. Y. (2013). Effects of a naturalistic sign intervention on expressive language of toddlers with down syndrome. *Journal of Speech, Language, and Hearing Research, 56*(3), 994-1008. doi:10.1044/1092-4388(2012/12-0060)
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Books:

Thompson, T., & Odom, S. (2011). *Individualized autism intervention for young children: Blending discrete trial and naturalistic strategies*. Paul H. Brookes, Inc. Publisher, Baltimore, MD

Websites:

Davies, S. (2017). What is Naturalistic Intervention & How Does it Work? AutisMag: A DW Autism Publication. Available at: https://www.dealwithautism.com/news/what-is-naturalistic-intervention-how-does-it-work/



Naturalistic Intervention CEC Standards

Autism Focused Intervention Resources & Modules

AFIRM

The CEC Standards that apply to all 27 evidence-based practices can be found on our website at: http://afirm.fpg.unc.edu/learn-afirm

Below are CEC Standards that apply specifically to Naturalistic Intervention (NI) module.

Standard	Description
Initial Preparat	ion Standard 2: Learning Environments
ISCI 2 K5	Social skills needed for educational and other environments
ISCI 2 S4	Design learning environments that encourage active participation in individual and group activities
ISCI 2 S5	Modify the learning environment to manage behaviors
Initial Preparat	ion Standard 3: Curricular Content Knowledge
DDA3 S2	Provide individuals with developmental disabilities/autism spectrum disorders strategies to avoid and
DDAS 52	repair miscommunications
DDA3 S5	Use specialized instruction to enhance social participation across environments
Initial Preparat	ion Standard 5: Instructional Planning & Strategies
ISCI 5 S19	Use strategies to support and enhance communication skills of individuals with exceptionalities
DDA5 S5	Consistent use of proactive strategies and positive behavioral supports
DDA5 S10	Structure the physical environment to provide optimal learning for individuals with developmental
	disabilities/autism spectrum disorders
DDA5 S15	Use specialized instruction to enhance social participation across environments

Standard	Description				
Advanced Preparation Standard 3: Programs, Services, and Outcomes					
SEDAS3 S7	Design and implement instruction that promote effective communication and social skills for				
	individuals with developmental disabilities/autism spectrum disorders				
SEDAS3 S8	Provide varied instruction and opportunity to learn play and leisure skills				
SEDAS3.S10	Organize the curriculum to integrate individuals' special interests and materials, activities and				
	routines across curriculum				
SEDAS3 S12	Identify evidence based strategies to increase an individual's self-determination of activities, services,				
	and preferences				

For more information visit:

----Module References---

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